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## **Activate: Creative Recovery**

### **Developing arts projects with mental health service users**

On 12<sup>th</sup> December, Suffolk Artlink, in partnership with Sound Sense, is hosting a seminar to discuss the issues surrounding delivering arts projects with mental health service users.

The day will include presentations from experienced artists working in this field as well speakers from East Suffolk MIND and the mental health service. There will also be a performance of 'Crazy' by Engage Theatre Company, a thought provoking piece that explores mental health issues, together with a short workshop exploring how this piece was created with mental health service users.

The day aims to demystify mental health and look at how artists can collaborate with and benefit the mental health sector. Both artists interested in working in this field and mental health professionals are welcome to attend what promises to be an interesting and stimulating event.

The event will be held at The Cut Arts Centre, Halesworth Suffolk from 10am – 4pm, cost £20 for organisations and £10 for individuals

To order a booking pack please contact Sound Sense on 01449 673990 or email [info@soundsense.org](mailto:info@soundsense.org) or contact Suffolk Artlink (01986 873955) for more information.



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For any matters relating to the above press release please contact Alex Casey  
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Suffolk Artlink works in partnership with arts, care and community organisations to create opportunities that enable people of all abilities to access, enjoy and participate in the arts.

For more information about Suffolk Artlink contact [enquiries@suffolkartlink.org.uk](mailto:enquiries@suffolkartlink.org.uk),  
01986 873955.