

Annual Report 2017

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Thank You

Artists

Helen Baggett, Dan Ball, Molly Barrett, Gareth Bayliss, Hope Brooks, Filomena Cristallino, Emma Curtis, Chris Draude, Lucy Ducker, Lucy Enskat, Linda Farrow, Kaitlin Ferguson, James Fletcher, Sarah Franklin, Sophie Fox, Bryan Hall, Sara Harrington, Jon Hart, Tom Hobden, Lisa Marie Hctor, Spadge Hopkins, Jenny Holland, Maurice Horhut, Caitlin Howells, Vicki Johnson, Matthew Laws, Mary Lovett, Joel Millerchip, Kimberley Moore, Dean Parkin, Kasia Posen, Duncan Ravenhall, Matt Shepherd, Tim Speight, Kirsty Thorpe, Sophie Tott, Vicki Weitz, Lewis Wickwar, Lesley Wilson, Frank Wurzinger, Bill Vine, Sally Zabroski

Volunteers

Amanda Balls, Gareth Bayliss, George Farrow-Hawkins, Rob Gridley, Harvey Harris, Mary Harris, Samantha McKinnie, Mary Louise Owen, Patrick Parker, Amanda Potter

Partners

Ace Anglia, Aldeburgh Music, Avenue East, Beech House Residential Home, CAS, Cedars Park Community Primary School, Cedrus House Care Home, Colchester Hospital University NHS Foundation Trust, Colville House Youth Club, DanceEast, Genesis Orwell Mencap, Great Yarmouth College, Grove Primary, Hadleigh Dementia Action Alliance, Hazell Court Residential Home, Ipswich Hospital NHS Trust, James Paget University Hospitals NHS, Leading Lives, Lowestoft College, Museum of East Anglian Life, Navigator Centre Lowestoft, Norfolk and Norwich University Hospitals NHS Foundation Trust, Otley College, Pakefield Primary, Prince of Wales Residential Home, Priory School, Quay Place, Red Gables, Red Oak Primary, Red Rose Chain, Reydon Primary, Risby Hall Nursing Home, Risby Park Nursing Home, Shaw Trust, Sherrington House Residential Home, St Johns Centre Bury St Edmunds, Steeds Meadow Sheltered Housing Scheme, Stowmarket Library, Sudbury Hub, Sue Ryder Synergy Cafés, Suffolk Befrienders, Suffolk County Council, Suffolk Family Carers, Suffolk New College, Suffolk One, The Apex, The Bethel (Home of the Lowestoft Players), The Centre St John's Street, The Gatehouse, Bury St Edmunds, The Partnership in Care, The Treehouse and Quidenham EACH (East Anglia's Children's Hospices), Topcats, Unity Centre Lowestoft, University of Suffolk, Warren School, West Suffolk College, Westwood Primary, WS Training

Trustees

Stephen Collins, Patricia Dobson, Jeni Draper, Karina Flatt, Mike James, Eric Orme, Dominic Sorenson, Alice Whitney, Esmee Wilcox (Chair)

Staff

Rachel Bennett, Alex Casey, Bridie Coombes, Gabby Cox, Hayley Field, Amy Jeans, Charlie Meyer, Samantha Moss, Rachael Murray, Carrie Phoenix, Miles Row, Fran Speight, Alistair Winch, Candida Wingate

Chair's Review – Esmee Wilcox

Suffolk Artlink changes people's lives. It is wonderful to see just how many people have benefited from the organisation's work this year.

One of the pleasures of being a trustee is hearing about how people are experiencing Suffolk Artlink. Whether it's seeing Ruth, one of our JumpstART students, talk proudly about her work 'Monsterland' in a Bury St Edmunds gallery or hearing about moments of joy experienced by older patients during a Forget-me-not Visitor session at Ipswich Hospital.

These positive stories are a result of the unique way the Suffolk Artlink team help people find the confidence to try something new. By giving people the opportunity to explore and

share their experiences through being creative, we are helping them to progress their artistic ability and learn new skills, whilst building friendships and support networks.

This year, sharing the stories of our work has become one of our key priorities. Thanks to Arts Council England Catalyst Evolve funding, and the appointment of a new Communications and Development Manager, we are raising the profile of Suffolk Artlink so that we can grow our income and develop more secure funding streams for the future.

We are sad to say goodbye to two fabulous trustees: Pat Dobson and Stephen Collins. They have both contributed more than we could have asked for, and will be missed.

I'd like to say a huge thank you to our staff, trustees, volunteers, supporters and participants that make up all that Suffolk Artlink has been over the last year. Enjoy this celebration of what we've achieved together!

Co-Directors Review – Alex Casey & Hayley Field

Building on our wonderful tenth anniversary celebrations, this year we have spent time looking forward to our next ten years.

During organisational development sessions with *People Make it Work*, we reflected on our values, how we recognise quality in our work and ensure best practice. We also clarified our ambitions for the future.

As well as delivering excellent participatory arts projects in communities to improve people's health and wellbeing, we aim to play a leading role in developing the sector in order to create a wider impact. We will do this by developing the skills of participatory artists, sharing practice, influencing ways of working and contributing to knowledge and understanding of the impact of our work.

In addition to our ongoing programmes, in the year ahead we have a great deal to look forward to: we'll be developing our music work with young people; testing new ways of growing the creative talent of our learning disabled artists; progressing the learning from our current work in care homes; and beginning a new intergenerational project in Lowestoft. All of this helps us continue to grow and learn from our partners and participants and understand how we can support people to be creative, cultivate new networks and develop their potential.

Our work is the summary of many wonderful and trusting collaborations – between Suffolk Artlink and our participants, artists, partner organisations and funders – thank you all.

About Suffolk Artlink

We are a participatory arts charity. We develop and deliver inclusive arts programmes in communities that bring change to people's lives. We work with people who face barriers to taking part in the arts including young people, older people, family carers and people with learning disabilities.

Our work this year has helped thousands of people enjoy improved wellbeing and confidence, develop their artistic and life skills and build new friendships and support networks.

Our activities are led by experienced arts practitioners, encompass a rich variety of art forms and are delivered in close partnership with care, education, voluntary and community organisations.

Things we achieved in 2016-17

Projects managed: 12

Volunteers supported: 10

Audience reached: 27879

Artists employed: 42

Workshops delivered: 370

Participants engaged: 2835

Our participatory programme in brief

Rock Up:

We offer young people in challenging circumstances a range of ways to develop their musical talents and interests in a social setting.

Suffolk at Play:

Our creative heritage project gave different generations the opportunity to capture and share their memories of childhood games and pastimes whilst building and strengthening community relationships.

Bridge:

A co-production between Suffolk Artlink and Active Learning Trust primary schools in Waveney during which we made work together and built a legacy of new creative skills and resources.

Pack Up & Tour:

We delivered a bespoke project working with Steeds Meadow Sheltered Housing Scheme, which offered older people and staff a chance to develop the skills to run their own singing group.

Forget-me-not Visitors:

Our Forget-Me-Not Visitors use a gentle approach and a variety of creative skills to improve the health and wellbeing of older people living with dementia in a medical setting.

Talking Care:

During this collaboration with Suffolk County Council, we encouraged a group of family carers to use art and creativity to explore and share their experiences of caring. This helped to create resources that now provide support to other family carers in Suffolk.

Our Place:

Through artist residencies in care homes, we're putting staff, residents and their families at the heart of designing and delivering a more creative and cultural environment to improve health and wellbeing for everyone.

JumpstART:

Our arts training course for people with learning disabilities offers students the chance to enjoy an in-depth exploration of an art form whilst developing creative and life skills.

Creative Company:

We deliver art workshops for adult family carers and the people for whom they care. Sessions are relaxed and sociable, giving individuals the opportunity to explore their own creativity whilst enjoying the mutually supportive company of other carers.

Clown Round:

Our Clown Doctors bring fun, laughter and distraction to children, young people and their families in hospitals and hospices across Suffolk, Norfolk and Essex.

Interchange & Avenues:

We enable young adult family carers to explore new, contemporary art forms in a social setting to help build their creative skills, qualifications, confidence and support networks.

Celebrations

Our **10 for 10 event** in May 2016 was a great success with participants, artists, partners and friends joining us to help celebrate our 10th birthday. The event kicked off a year of celebrations, and gave us a chance to showcase some of the creative output from our projects including our innovative **Suffolk at Play Cube**.

During our three year long arts and heritage project, Suffolk At Play, school pupils and older people from the local community worked with a reminiscence facilitator, a poet, a community artist and an animation artist to explore memories of play. They then created poems, prose and animations together, inspired by those memories. The project culminated in a joyous celebration at the Museum of East Anglian Life in the summer.

All five animated films were screened at the celebration event, to an audience made up of the communities involved in the project. Artists Dean Parkin and Caitlin Howells led activities inspired by the project and our Suffolk at Play Cube exhibited artwork created by participants.

Coolville, our **Rock Up** band, gave one of their first live performances of the year at our 10 for 10 event. Our music project for young people at Colville House Youth Club offers students the opportunity to develop their skills and confidence. This year a number of our young people are working towards an Arts Award.

We were delighted that Rock Up featured in the Suffolk Community Foundation's Shine A Light initiative – a programme to showcase the valuable work of the voluntary sector in Suffolk. A short film, feature article and publication helped us to tell the story of Rock Up and the impact it has had on young people's lives.

This year we toasted our **Forget-me-not Visitors** programme, delivered on the dementia wards in partnership with Ipswich Hospital, as it was shortlisted for the Building Better Healthcare Awards 2016. A great recognition for our innovative programme that engages patients through music, storytelling, puppetry and play.

An exhibition of prints by young adult family carers celebrating the successful conclusion of our **Interchange** project was shown at The Jerwood DanceHouse in May 2016. Led by an artist of their choice, the group created an inspiring collection of work by collaborating with each other to overprint their designs.

Our programme of work for young adult carers evolved into **Avenues** – a name chosen by the group at the start of the co-production between Suffolk Artlink and the young people. The project includes social nights led by artists during which our carers explore art forms such as filmmaking, music production, print making, dance and set design. This leads into a summer school in 2017 that will enable participants to work towards an Arts Award.

Quotes

"It's boosted my confidence big time." James, Rock Up

"The whole concept was brilliant – getting the adults and children talking about things they have in common." Lisa Harris, Collections and Interpretation Manager, Museum of East Anglian Life, Suffolk At Play

"I haven't been able to laugh with mum like that for such a long time." Family member, Forget-me-not Visitors

“The effects last for so much longer than the duration of the encounter. They help our patients have much needed contact with the world – the human contact that makes us feel loved.” Kerry Day, Dementia Nurse at Ipswich Hospital, Forget-me-not Visitors

“It was awesome seeing that you can make music not just from a guitar but from things like a video box.” Amy, Avenues

Case study – Marianna, Rock Up

Marianna is a young person living in Lowestoft. She has been attending Rock Up at Colville House Youth Club since it began.

What have you most enjoyed about taking part in Rock Up?

I have really enjoyed learning new songs on guitar and being able to learn and play with others, not just alone. I have also enjoyed being taught by the tutors, they have been amazing.

How has being part of Rock Up made a difference to your life?

I am very busy and it gives me a chance to just be me for a few hours while we play music and just be, free from stress from home and education.

What has Rock Up inspired you to do next?

To carry on with music and take it as far as I can. I have now performed on stage, which I wouldn't have without Rock Up. This has inspired me to keep performing and play as many shows as I get the chance to.

How would you describe Suffolk Artlink in three words?

Creative. Enjoyable. Amazing.

Case study – Forget-me-not Visitors

During the last 12 months Millie-Marigold and Kitty-Dandelion have continued to make regular visits to Ipswich Hospital's older patients who are living with dementia.

Working as a pair, they move around the wards, sensitively assessing each patient's need for comfort, inspiration or company, and creating a unique experience for each. You might hear them singing songs along with patients, playing a favourite tune on the ukulele, reciting poetry, storytelling or using dance and clowning to improve someone's day.

The Visitors create a positive, friendly environment to help patients relax in the unfamiliar setting of the hospital, which helps to ease fear and confusion, reduce isolation and lift the spirits of patients and staff alike.

Case study – Nonnie, Avenues

Nonnie is a young adult from Suffolk who cares for a family member as well as being a young mum. She has been attending Avenues since March 2017.

What have you most enjoyed about taking part in Avenues?

I've really enjoyed the sense of working with others to create something as a group.

How has being part of Avenues made a difference to your life?

Avenues has made it easier to work with people that I don't know too well and it has increased my confidence and encouraged me to get out of my house which I needed after having my baby!

What has Avenues inspired you to do next?

So far the project we have been working on has encouraged me to look into stop motion animation and sound design.

How would you describe Suffolk Artlink in three words?

Inspiring, fun and full of variety!

Innovations

2016 was a year of innovation for Suffolk Artlink. Several of our programmes of work developed new approaches to delivery, created new partnerships and tested different ways of engaging with communities.

Talking Care was our response to a commission from Adult Community Services at Suffolk County Council. The Council asked us to develop a new approach to engaging with family carers in order to create resources that could be used to support others.

Taking part in our Talking Care sessions allowed participants to find a new way to share their stories of being a family carer through arts activities including creative writing, visual arts and photography. The arts workshops also inspired new skills and hobbies, with a number of our carer group finding continued joy as they pursue new creative passions.

This year saw the culmination of the project, as our carer's stories were documented by a writer, visual artist, photographer and two filmmakers. The resulting film and booklet are now used by Council staff who carry out Carer's Assessments and have been made available to other carers in Suffolk through the Council website.

Innovation can come from reflecting on previous work and **Our Place** – our new project working with staff and residents to change the culture in residential homes – builds on our previous **Creative Carers** work. Our Place, in partnership with The Partnership In Care and

Spare Tyre Theatre Company, sees us working with artists and staff through training and residencies to develop a more creative approach to the whole home.

JumpstART – our core learning programme for adults with learning disabilities – has continued to innovate. We have expanded its delivery across the county, and now offer 15-week art modules twice a year in Lowestoft, Bury St Edmunds and Ipswich. This year we were delighted to welcome our highest number of students yet.

A new focus of the programme is increasing our students' health and levels of physical activity, alongside developing creative and life skills and offering support with progression to new opportunities. During 2016, our students completed Carnival Arts and Musical Words and Pictures modules as well as starting to explore Theatre Arts. A fantastic group of artists worked across the project, bringing different professional perspectives to the student's understanding and knowledge of the art forms and resulting in amazing performances, exhibitions and films.

Quotes

"The confidence you give us to come out of our shells is huge." Staff member, Prince of Wales Residential Home, Our Place

"The creative process has resulted in both direct benefits to the workshop participants, and the creation of a resource that will benefit many carers across the county in the future." Suffolk County Council, Talking Care

"I've learnt so much on this course that it's turned my life around." Harvey, JumpstART student

"Nobody usually talks about disability but we talked about it and that was important." Richard, JumpstART student

Poem

Because I care – By David Feek (carer)

I remember the things I wanted to be

And now I know it's not only me

I won't be playing sport or winning a cup

I will probably be doing the washing up

My wife won't get better there is no cure

And how bad she may get, we are not sure

But we will keep going and try to have fun

As this could have happened to anyone

I don't pack up at the end of the day

And go to the office to pick up my pay

It does not matter if tomorrow is sun or rain

As when I get up I will do it all again

Friends around me don't know what I do

The hours in the day seem so few

I can sit and cry and say it's not fair

The reason I do it is because I care

Case study – Our Place

Collaborating with The Partnership in Care and Spare Tyre Theatre Company, this year we developed the evaluation framework, recruited artists and created an innovative new model of working with artists in care settings.

Our artists worked with staff, residents and their families to explore how to use creativity to bring positive changes to six residential care homes in Suffolk. This created a brief which artists will respond to through collaborative residencies in each home.

Working in a variety of spaces throughout the homes, the project will focus on aspects of the environment including care at night, one-to-one engagement with residents, transforming how space is used and connecting homes with their communities.

We're also developing a team of Creative Champions within each location, including members of staff, volunteers, residents or family members. Our artists will provide inspiration, training and mentoring for the Creative Champions to support The Partnership in Care in continuing to use creativity to increase wellbeing in their homes beyond the project's lifetime.

Case study – Ruth, JumpstART

Ruth is a practicing artist with Down syndrome, and a regular student at **JumpstART**. She is 46, and lives in supported housing in Bury St Edmunds with her flatmate Fiona.

When did you first discover you had a passion for art?

A long time ago. I've always liked drawing and painting. I used to draw with pencils all the time, I drew pictures of an orchestra and a café and some clowns.

Are there any specific styles of art that you particularly enjoy?

My favourite thing is using bright, bright colours and making circles and shapes and people and monsters.

Who or what inspired you to become a practising artist?

Suffolk Artlink help me to be an artist because they give me new things to try like pastels and different paint and different sorts of brushes. I can do work with lots of different artists at JumpstART.

How does it help to improve your mood?

Drawing makes me better at feeling happy and relaxed and calm and also excited and busy – all at once!

How have Suffolk Artlink helped you to explore your passion, and what impact has that had on you?

Suffolk Artlink helped me a lot by showing me new things to do like painting, acting, poems, making masks and costumes and music, going on trips and making lots of friends. It makes me feel good and perfect and incredible!

Collaborations

An important aspect of our work is to create connections, and this extends to the way we work with other organisations and groups. 2016 saw us collaborating with new communities and partners to develop work that responds to identified needs and leaves a lasting legacy.

Creative Company sees us working with Sue Ryder and Suffolk Family Carers to deliver community based art groups across Suffolk for family carers and the people they care for. The project aims to provide carers with an opportunity to explore different arts activities and find a new way of expressing themselves.

Some of our family carers are welcoming the chance to have a bit of time for themselves, whilst others find the workshops offer a new way of being with the person they care for, and enjoy the experience of sitting side by side, engaged in their own creative experiences.

As well as providing regular two-hour workshops in Stowmarket we are supporting existing family carer support groups across Suffolk to run their own arts workshops. In addition to delivering taster sessions and volunteer training, we are providing resources to help them to sustain the activity in the longer term.

We were pleased to be approached by Steeds Meadow Sheltered Housing Scheme to help them create **Pack Up & Tour**, a singing group for residents. Sessions were delivered with residents and staff together and included support on where to find music and songs and how to warm up properly, to ensure that the group continued to sing together beyond our project.

Our work with children and young people in hospitals and hospices continues to develop as we build connections with new partners. This year, our **Clown Round** Clown Doctors added regular visits to Norfolk and Norwich Hospital to their rounds, in addition to maintaining a regular programme of visits to James Paget, Ipswich and Colchester Hospitals and to EACH hospices in Suffolk and Norfolk.

Our team of clown doctors visit young people on the wards and engage them in clowning, storytelling, music, magic, circus skills and improvisation. They focus on supporting and empowering young patients during what can be a challenging time, tailoring activities thoughtfully and sensitively to the individual at the heart of each interaction.

Working co-productively with five primary schools in Waveney, we saw the successful completion of our **Bridge Project**, which aimed to inspire children and young people through illustration. Each school directed the outcomes of the project with some linking the work to the curriculum and some focussing on children and young people who are less engaged in the arts. The results were all fantastic and included the creation of three new outdoor murals and a school fourth plinth.

Quotes

“For some, the activities rekindled a previous interest they had in art. Others, who thought they were not artistic, discovered hidden talent as it gave them a chance to do something different.” Tracey Alexander, Suffolk Family Carers

“Thank you so much for opening our eyes to the benefits of art.” Mary & Bryan, Creative Company

“The project created a real buzz around school.” Teacher, Bridge

“They can relax the most anxious parent. It gives the nurses a boost to see the children and their families smile. It makes a remarkable difference to recovery.” Sarah Amos, Play Specialist, Colchester Hospital

Case study – Ruth, Creative Company

Ruth lives near Stowmarket and cares for her autistic son. She has been regularly attending Creative Company since February 2017.

What have you most enjoyed about taking part in Creative Company?

I love the activities, the artists and the opportunities to make different, often quite challenging things. The thing I get most out of it is the deadline of making time to do something for me and insisting on having that space to do something I enjoy without having anyone there I am responsible for. This is a lovely, relaxing opportunity to just be myself. I loved art at school, and in fact got accepted to do art at college.

How has being part of Creative Company made a difference to your life?

I take things home I am proud of to show my family, and show photos on Facebook. I love the company of Candida and the artists, and how supportive they are. It is a relief to be able to go to something I am not in some way responsible for, so I feel refreshed and capable and proud of things I have done.

What has Creative Company inspired you to do next?

I've created a little gallery of art works by the family, including me, on the landing. I've invested in a sketchbook and take it with me and am drawing things I see, or photographing them with my phone. I don't know what I will "do" with it but it makes me happy to look and record. Perhaps, if I get organised enough with my caring responsibilities, I should look at finally going to do that art course I was accepted on all those years ago.

How would you describe Suffolk Artlink in three words?

Escape. Freeing. Fulfilling

Working with the cultural community

Suffolk Creative Employment Programme

Suffolk County Council collaborated with 30 of Suffolk's arts and creative organisations to offer paid apprenticeship and internship opportunities to young people. The programme was successful in supporting the employment of 69 young people as interns and apprentices. Along with administering the programme, Suffolk Artlink was able to provide two internships for young people.

Reminiscence Network East

Our Co-Director Hayley continues to be part of the steering group for this regional network linking heritage, care, health and arts professionals through their interest in the creative use of reminiscence.

In 2016 the network led a conference to explore multi-sensory approaches to reminiscence. The event included presentations about work in hospitals, museums, care homes, cinemas and libraries illustrating creative ways in which memories can be used to prompt activity.

Lowestoft Rising Cultural Education Partnership

Suffolk Artlink is part of the Cultural Education Partnership which aims to highlight, develop and enhance a rich cultural offer for children and young people in Lowestoft. The network brings together heritage, arts, health, education and local authority partners to develop new collaborative models of working.

StartEast

StartEast is a business support and grants programme funded by Arts Council England and the European Regional Development Fund and supported by Norfolk and Suffolk County Councils. As one of the programme's development partners we attend regular steering group meetings, supporting the team at New Wolsey Theatre to deliver a tailored programme of business and artistic support for sole traders, small and medium enterprises and start-ups in Norfolk and Suffolk.

Catalyst Evolve

Suffolk Artlink is part of Arts Council England's Catalyst Evolve programme. This gives us the opportunity to build our capacity to fundraise from private sources through employing a part-time Communications and Development Manager and offering Arts Council match funding to incentivise new ways of giving. With the support of Catalyst we aim to increase the profile of Suffolk Artlink and diversify our sources of funding in order to grow our level of income and develop more secure funding streams for the future.

People make it work

We worked with organisation development consultancy, people make it work, Company director, Richard Watts, led staff and trustees through a series of workshops to help us identify our values and how they are conveyed through the way we deliver our work. This enabled us to formulate a new vision for our future development whilst building on best practice. This work will lead to a quality framework for Suffolk Artlink and a development plan for the organisation.

Artist Development

We work with some of the best arts practitioners found in the East. From poets to prop makers, dancers to drummers, we are proud to be supporting them in their craft and helping to develop their skills as participatory artists.

"It's developed me not just as a workshop leader and poet but as a human being too." Dean Parkin, Poet

"Clown Round has fine-tuned my work, heightened my sensitivity, awareness and mindfulness." Chris Draude, Performance Artist and originator of Clown Round

"I'm very passionate about bringing the arts into the heart of communities and I'm relishing this opportunity to work with Suffolk Artlink." Lisa-Marie Hocter, Drama Practitioner

“It has given me the opportunity to develop my practice as a workshop leader. THANK YOU!” Kasia Posen, Visual Artist

“Suffolk Artlink has allowed me to be exactly who I am as an artist with total trust and respect.” Kirsty Thorpe, Drama Practitioner

We asked our artists to describe us in 3 words, here’s what they said:

- Creative Soul Food
- Fantastic, Transformative, Supportive
- Genuine, committed, exuberant
- World Changing Creatives
- Innovative, Enabling, Exciting
- Adventurous Animating Artlinkers

Statement of Financial Activities

(including Income and Expenditure account) for the year ended 31 March 2017

	Unrestricted funds	Restricted Funds	2017 Total	2016 Total
	£	£	£	£
Income				
Donations and Grants	69,808	715	70,523	71,670
From charitable activities				
Grants		331,667	331,667	626,541
Fees and other project income	20,031	14,784	34,815	22,081
Investment income	3,070		3,070	3,042
Total Income	92,909	347,166	440,075	420,334
Expenditure				
Charitable activities	90,591	302,945	393,536	349,208
Total Expenditure	90,591	302,915	393,536	349,208
Net income for year	2,318	44,221	46,539	71,126
Funds brought forward	76,119	129,384	205,503	134,377
Funds carried forward	78,437	173,605	252,042	205,503

Balance Sheet

(at 31 March 2017)

	2017		2016	
	£	£	£	£
Fixed Assets				
Tangible assets		2,125		2,025
Current assets				
Debtors and prepayments	2,966		1,923	
Cash at Bank and in hand	261,053		240,978	
Total current assets	264,019		242,901	
Creditors: amounts falling due within one year	(14,102)		(39,423)	
Net current assets		249,917		203,478
Net assets		252,042		205,503
Unrestricted funds		76,274		76,119
Designated funds		2163		
Total unrestricted and designated funds		78,437		76,119
Restricted funds		173,605		129,384
Total unrestricted, designated and restricted funds		252,042		205,503

Financial summary

1 April 2016 to 31 March 2017

Our Income

Big Lottery	23.0%
Local Authorities	20.7%
Arts Council England	14.5%
Other Grants and Donations	14.2%
Children in Need	8.3%
Fees from Charitable Activities	7.9%
Youth Music	7.5%
Suffolk Community Foundation	3.1%
Investment Income	0.7%
	100.0%

Our Expenditure

People with Learning Disabilities	34.9%
Young People	30.2%

Older People	23.2%
Intergenerational	6.4%
Family Carers	5.4%
	100.0%

Thank you to our funders and supporters

Big Lottery – Reaching Communities, Heritage Lottery Fund, Association of Suffolk Museums, Suffolk County Council, Youth Music, East Suffolk Youth Priority Action Group, Geoffrey Watling Charity, Arts Council England, Suffolk County Council – Innovations Fund, Lloyds Bank Foundation, Norfolk & Norwich Festival Bridge, Adnams Charity, Children in Need, Fitton Trust, Freemasons (Angel Lodge & Magna Carta Lodge), Sobell Foundation, St James’s Place Foundation, Fidget and Hamish, DCR Allen Charitable Trust, Charles Hayward Foundation, The Henry Smith Charity Community Grants Programme, Mulberry Trust, Limbourne Trust, Suffolk County Council, Babergh District Council, Mid Suffolk District Council, Allied Health Professionals, Travel Quest, Essex Community Foundation (Acorn Fund), Norfolk Community Foundation (Shelroy Charitable Trust), Roger David Burrows Music Fund, Scarfe Charitable Trust, Simon Gibson Charitable Trust, Stock Exchange Veterans Association, Suffolk Community Foundation (De La Rue Family Fund, The Henry Smith Charity Community Grants Programme, Working Together Awards Fund, RJB Grantmaking Fund, Youth Social Action Fund, Dementia Friendly Communities Fund, Pargiter Trust Fund), Chris Hart, Lucy Perry & Friends, Petlife International, Micropress

Quote

“Drawing makes me better at feeling happy and relaxed and calm and also excited and busy – all at once.” Ruth, JumpstART

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