

# Suffolk Artlink Annual Review 2019

## Thank you

### Artists

Daniel Ball, Gareth Bayliss, Colin Brinkley, Leo Burtin, Jac Campbell, Liam Carroll, Max Clarke, Jaki Clibbon, Elizabeth Cook, Lynn Cox, Filomena Cristallino, Patricia Day, Chris Draude, Genista Dunham, Lucy Enskat, Linda Farrow, Hayley Field, Sophie Fox, Carol Gant, Briagh Grant, Caroline Gervay, Sam Hanison, Tina Hannay, Greg Hanson, Harvey Harris, Caitlin Howells, Shane Ibbs, Vicki Johnson, Sophie Johnson, Lynette King, Mike Knowlden, Mary Lovett, Lady Lucy, Zoe Martin, Heidi McEvoy-Swift, Sean McManus, Justine De Mierre, Lola De Mille, Kimberley Moore, Kate Munro, Amy Nettleton, Sian Notley, Shelly O'Brien, Daniela Paiva, Patrick Parker, Dean Parkin, Carrie Phoenix, Kasia Posen, Arti Prashar, Annabel Rednick, Wendy Rees, Matt Shepherd, Marco Spina, Kirsty Thorpe, Sophie Tott, Lou Walker, Jemma Watts, Jeremy Webb, Lynn Whitehead, Lewis Wickwar, Ruth Williams, Emma Withers, Lindsay Wright, Sally Zabroski

### Volunteers

Geoff Elmer, Briagh Grant, Rob Gridley, Harvey Harris, Chris Hart, Pauline Judge, Mary-Louise Owen, Patrick Parker, Amanda Potter, Wendy Rees, Richard Watts, Erin Whittaker

### Partners

Access Community Trust, ACE Anglia, Asylum Studios, Avenues, The Bank, Eye, The Befriending Scheme, The Bethel Lowestoft, Bury Library, The Coconut Loft, Colchester Hospital, CYDS, Dance East, East Anglia's Children's Hospice Treehouse Ipswich, East Anglia's Children's Hospice Quidenham, The Ipswich Hospital NHS Trust, James Paget University

Hospital, Kirkley Centre, La Tour Cycle Café, Leading Lives, Leeway, Lowestoft Museum, Lowestoft Maritime Museum, Norfolk and Norwich University Hospital, One Life, Realise Futures, Red Rose Chain Ipswich, Rural Coffee Caravan, The Salvation Army Lowestoft, Suffolk Family Carers, St Johns Centre Bury St Edmunds, University of Suffolk, University of Suffolk - the Atrium, West Suffolk NHS Foundation Trust

Outgoing staff and trustees

Staff: Jessica Browne and Samantha Moss

Trustee: Dominic Sorensen

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## Chair's Report

Prioritising long-term investment in creative, healthy communities requires our courage, bravery and practical support. This report demonstrates what is possible when inspirational participants have access to quality arts programmes.

Through our 'Make Do and Friends' programme we are building lasting community connections with older people in rural Mid Suffolk through a series of creative get-togethers.

Our flagship programme, JumpstART, culminated in students contributing their stories and illustrations to an inspirational publication 'Telling Stories'. We've also seen them go on to collaborate with established Suffolk artists and take part in an academic conference at the University of Suffolk.

Following a year of creative and cultural activities, we look forward to sharing the work of our 'Around the Table' artists and participants through a resource designed to inspire other family carers in Suffolk.

It continues to be crucial to reach participants who can benefit from our support. Thank you to Suffolk County Council Chairman Michael Ladd for selecting us as his Charity of the Year. Alongside their generous fundraising, this was a phenomenal platform for raising our profile across the county. I would also like to say a heartfelt thank you and farewell to our Trustee, Dominic Sorensen, who has contributed a huge amount in how we present Suffolk Artlink to the world.

## Co-Directors Report

Suffolk Artlink had a fantastic year in 2018/19, creating a strong foundation for some exciting new programmes.

After four fabulous years of JumpstART, we are thrilled to be offering places on our 'Brave Art' programme. The new year-long courses will bring students a high-quality arts experience culminating in spectacular public events, whilst also developing student involvement in the programme. Our core work supporting young people in hospitals and hospices has received funding from Children in Need, enabling us to continue to deliver Clown Round for a further three years and build on our existing relationship with East Anglian Children's Hospices.

In the coming year we look forward to developing our intergenerational work following the success of Lowestoft Folk, which connected different generations through their local heritage and a wonderful range of artist-led activities.

We have only been able to achieve all of this thanks to the support of many individuals and organisations. Funding from Arts Council England's Catalyst Evolve programme gave us the capacity to reach new supporters of our work. Each one brings us more security at a challenging time for charities.

We would like to say a huge THANK YOU to all of our amazing participants, staff, artists, volunteers, Trustees and supporters for their enthusiasm, commitment and inspiring contributions.

## About Suffolk Artlink

We are a participatory arts charity. We develop and deliver inclusive community arts programmes that bring skills, support networks, confidence and joy to people in the East.

Our creative projects aim to help people transform their lives through the arts, and are delivered in places including community centres, hospitals and hospices, residential homes, refuges and schools.

Our work is led by experienced arts practitioners, encompassing a rich variety of art forms, and is delivered in close partnership with care, education, voluntary and community organisations.

Things we achieved in 2017-18

Projects managed: 9

Volunteers supported: 13

Audience reached: 2926

Artists employed: 64

Workshops delivered: 365

Participants engaged: 21,957

### Our participatory programme in brief

#### Around the Table

We offer adult carers the opportunity to explore food, creativity and culture in regular workshops as a way to gain respite from their caring role. The sessions enable carers to develop new support systems, build their confidence and enjoy a new sense of passion and achievement in their daily lives.

### Clown Round

Our Clown Doctors bring fun, laughter and distraction to children, young people and their families in hospitals and hospices across Suffolk, Norfolk and Essex.

### Forget-me-not Visitors

Our Forget-Me-Not Visitors use a gentle approach and a variety of creative skills to improve the health and wellbeing of older people living with dementia in a medical setting.

### Giggle Visits

Our Giggle Workers use their special brand of artistry to bring fun, laughter and distraction to children and young people in women's refuges in Norfolk run by Leeway.

### JumpstART

Our arts training course for people with learning disabilities offers students the chance to enjoy an in-depth exploration of an art form whilst developing creative and life skills.

### Lowestoft Folk

We're delivering a two-year long intergenerational arts project in Lowestoft, which brings local children and older people together to celebrate the town's folk heritage.

### Make, Do & Friends

We're bringing creative workshops and events to rural villages and towns in Mid-Suffolk and Babergh, providing an opportunity for older residents to share and learn new skills whilst enjoying a cuppa with friends and neighbours.

## Rock On

We're offering young people in challenging circumstances a range of ways to develop their musical talents and interests in a social setting.

## Step Up

Our inclusive professional development programme for visual artists in Suffolk. Artists work together in pairs, as equals, to produce new works of art inspired by each others' practice, develop new support networks and benefit from artistic and professional development.

## 1 : Taking Part

Our participatory programme was packed full of activity in 2018/19, bringing creativity, inspiration and positive change to our students and participants in a wide variety of ways.

Lowestoft Folk built creative new relationships as we worked with two pairs of primary schools and care homes, bringing artist led sessions in print-making, storytelling, folk song and puppetry. Pakefield Primary School pupils worked together with residents from Hildesley Court, taking inspiration from the collections at Lowestoft Museum, whilst Roman Hill Primary School pupils joined up with Britten Court residents to delve into stories told by objects on display at the Maritime Museum.

The intergenerational sessions provided young and old a unique opportunity to discover more about Lowestoft's folk heritage, all the while making new friendships that we hope will continue long after the project comes to an end. The beautiful work and stories created by our participants were shared through public workshops over the summer and within the Cabinet of Curiosity - a bespoke new museum display that can now be enjoyed by visitors to Lowestoft Museum.

## Participant's view, Les, Lowestoft Folk

Les is a resident at Britten Court Care Home in Lowestoft. He was a regular participant in our Lowestoft Folk sessions during spring 2019

What have you most enjoyed about Lowestoft Folk?

The project was so enjoyable, I enjoyed every part of it, particularly the pleasure of meeting such wonderful people, and speaking and singing with the children was fantastic.

What difference has it made to your life?

In addition to all the little things, it gave me a reason for living knowing you're not past it, there are still things to learn and enjoy.

What has Lowestoft Folk inspired you to do next?

To take part in other activities involving children.

Describe Suffolk Artlink in 3 words

Brilliant, incredible, talented

'Thank you for giving my near 90 year old father-in-law a new lease of life'  
Family member Lowestoft Folk

To find out more about Lowestoft Folk visit:

[www.suffolkartlink.org.uk/our-work/lowestoft-folk](http://www.suffolkartlink.org.uk/our-work/lowestoft-folk)

'He spurred me on to do new things and appreciate different people and friends' Emma, Artist, Step Up

We saw the successful conclusion of Step Up, as our eight pairs of visual artists completed new work inspired by their collaboration together.

After the final professional development sessions, our artists took their work, including drawings, paintings, textiles, fashion and sculpture, on tour around the county, showing them in three public exhibitions in Ipswich, Eye and Rendlesham.

Halfway through the year we launched Make, Do & Friends, a partnership with the Rural Coffee Caravan and DanceEast aiming to address rural isolation for older people through a two-year programme of creative get-togethers. We kicked it off with a well-attended community dance event performed by Spilt Milk at Needham Market Community Centre, and followed this with our first series of workshops featuring crafts including willow weaving, paper making, felting and singing.

'I really like being out and enjoying a laugh with like-minded people. People in general benefit greatly from meeting new people and learning something new, but rural villages benefit the most from sessions like this - they can be a lifeline for some' Participant, Make, Do & Friends

To find out more about future Make, Do & Friends creative get-togethers, you can view an up-to-date timetable here:

[www.suffolkartlink.org.uk/make-do-friends-timetable](http://www.suffolkartlink.org.uk/make-do-friends-timetable)

Our programme for young people, through music making, Rock On, has spanned across youth clubs and supported housing units in Lowestoft, Saxmundham, Leiston and Felixstowe. Through the regular sessions, tasters and mini-projects young people have taken part in Rock and Pop, DJing tutorials, learned about songwriting and vocal technique and ukulele workshops. As skills and confidence grew, some of our young people took the opportunity to perform at a Christmas concert in Lowestoft.

'You're like sunshine coming in to the room' Patient, Ipswich Hospital, Forget-me-not Visitors

The Clown Doctors had another busy year visiting young people and their families in hospitals and hospices throughout the East, and we were delighted to receive news that we were successful in securing another

three years of funding for the project which includes additional visits to EACH Treehouse and Quidenham Hospices.

Giggle Visits sessions in refuges in Norfolk finished up over the summer holidays and through a new partnership we were able to extend our Forget-me-not Visitors delivery to include West Suffolk as well as Ipswich Hospital.

'Always so good to be with others that are carers' Kirsty, Carer, Around the Table

Around The Table continued to support family carers in Suffolk through a varied and inspiring programme of monthly artist and chef led workshops in Lowestoft, and this year we established a new group in Claydon. Sessions playing with new ingredients and novel creative approaches are providing our carers with new food and creative ideas to take home to enjoy, as well as offering respite from their caring role and a chance to make new friends.

Enjoy pictures, recipes and creative ideas from Around the Table by visiting the project blog: [www.aroundthetablecarers.wordpress.com](http://www.aroundthetablecarers.wordpress.com)

'I really love coming here - meeting my friends, making art and seeing you all' Zena, Student, JumpstART

The end of the year saw the culmination of four years of JumpstART, our arts course for adults with learning disabilities. Students from across all three locations came together for the final celebration event - the launch of 'Telling Stories', a book featuring stories, illustrations and word art created by our students inspired by their own stories. The event celebrated the students artistic achievements and the relationships that

have been built over the years, and saw several speaking publicly about what taking part in the project had meant to them.

'It has the best happy and most positive atmosphere I have ever experienced within a group' Support Worker, JumpstART

To purchase prints of our JumpstART students' work, visit our online shop: [www.suffolkartlink.org.uk/shop](http://www.suffolkartlink.org.uk/shop)

### Participant's View Around The Table

Sue cares for her daughter, and has been a regular attendee at our Around the Table sessions in Claydon since December 2018.

What have you most enjoyed about Around the Table?

I've really enjoyed meeting so many lovely people, expanding my knowledge and trying new ideas.

What difference has it made to your life?

It's helped to get me out of my familiar environment, encouraged me to push my limitations and boundaries in a safe and friendly setting.

What has Around the Table inspired you to do next?

It has inspired me to try many new projects in all arts and crafts. I have already created some lovely pieces - I am proud of my achievements!

Describe Suffolk Artlink in 3 words:

Inspirational, Motivational, Pleasurable

### Project Focus Make, Do & Friends

In 2018 we were one of just 16 partnerships in the UK to receive funding from the Arts Council England's new 'Celebrating Age' fund, which totalled just over 1.5m. Working in partnership with DanceEast and the Rural Coffee Caravan, we were awarded £100,000 to deliver 'Make, Do &

Friends', a two-year long arts programme aimed at supporting older people living in rural areas across Suffolk.

From 2018, we've been bringing free artist-led workshops and events to the villages of Mid-Suffolk and Babergh, providing older residents with an opportunity to share and learn new creative skills and make new connections.

To-date, residents in towns and villages including Horham, Westhorpe, Finingham and Stowmarket have had the chance to try their hand at printing, textile crafts, willow weaving and singing, and we've brought free dance events from companies including Spilt Milk Dance and Glass House Dance to Needham Market Community Centre and Lavenham Village Hall.

We look forward to delivering another year of this joyful, creative and social project.

## 2. Growing

As well as providing ongoing support and development throughout our programme of work, this year we embraced some really exciting opportunities to support the growth of our artists.

We helped our Clown Doctors attend an International conference on healthcare clowning, as well as seeing the successful completion of Step Up, which cultivated the skills of 16 visual artists in Suffolk.

### Feature - Clown Round in Vienna

In April 2018, our Clown Doctors travelled to Vienna to attend the Healthcare Clowning International Meeting. 'The Art of Clowning - Connecting Culture, Health and Science' conference brought 400

participants from 50 countries together for discussions, networking and skill-sharing on the topic of healthcare clowning.

Here is what they had to say about the experience:

"What an inspirational and exciting trip it was. We met professionals from all corners of the globe, including the original pioneers of clown doctoring. It was amazing to be amongst such innovative individuals and organisations working with child trauma, people who share a vision for connecting with people through humour, working from the heart."

"It was a fantastic opportunity to bond with the other Suffolk Artlink Clown Doctors. The atmosphere of pure joy and love of our work was palpable." Filkomena Cristallino

"Knowing that being a Suffolk Artlink Clown Doctor makes us part of a worldwide community gave me a sense of the wider purpose of the work. It reaffirmed my understanding of the power of laughter as part of a healing journey, and the magic this work can do." Lucy Enskat

"I've loved the whole teaching experience, to see the sense of achievement felt by everyone in the group." Jemma Watts, photographer

"It's helped me develop how I think about collaborative workshops - to come up with new ideas we'll use again." Mike Knowlden, chef

"They are hugely inspirational and help me test my ideas 'in the real world'" Leo Burtin, chef

"Just magic. It has been an absolute joy to work on Lowestoft Folk"" Mary Lovett, musician

## Project Focus Emma & Sean, Step Up

Step Up was our inclusive professional development programme for visual artists in Suffolk. Over the course of a year, 16 artists worked together in pairs, as equals, to explore creativity, produce new works of art inspired by each others' practice, develop new support networks and benefit from artistic and professional development.

The Step Up artists worked towards an exhibition that toured to the DanceHouse in Ipswich, Asylum Studios in Rendlesham and The Bank Arts Centre in Eye.

Emma Withers talks about her partnership with Sean McManus:

"I first met Sean, and saw his work, at one of the most inspiring exhibitions I have ever been to. I was impressed with his drawings and was so pleased to be able to work with someone I really admired.

I realised that we're both people who know our boundaries well - however, working together meant we both dared to do new things. I pushed myself hard so I could be an example for Sean who always said "I prefer to use a 2b pencil". Well, on our first day we used coloured cellophane and magic marker pens directly onto the wall, and we worked with charcoal, it was brilliant!

Sean and I always consulted together on what we would like to do for our weekly meetings.

My time working with Step Up inspired me to push myself. It spurred me to approach a gallery to show my work, and I have delved into new art forms such as printmaking, as well as trying new forms of construction."

'I pushed myself hard so I could be an example for Sean' Emma, Artist, Step Up

In a few words

We asked our artists to describe Suffolk Artlink in a few words, this is what they said:

Empowering, artistic, knowledgeable, nurturing, reliable, person-centred, inclusive, expansive, awesome, inspiring, supportive, collaborative, creative, innovative, joyful, fun, giving

### 3. Connecting

As well as delivering a programme of exciting arts activities, an ambition to spread the impact of our work even further. To do this, we have connected with organisations and networks across the region and nationally.

In October, we joined the steering group for the national Culture Health and Wellbeing Alliance as the regional arts champions and as part of our role we are bringing together organisations from across the East working in this area to share best practice and raise the profile of the work that happens here.

We have also been members of the StartEast steering group - supporting start-up and small creative businesses in Norfolk and Suffolk.

Partnerships are growing and strengthening in Lowestoft through the Lowestoft Rising Cultural Education Partnership and Cultural Leadership Group where we are able to share our experience of targeted community arts projects and learn from other organisations working in the town.

### 4. Supporting

We couldn't deliver the sheer breadth of work we do without the help of some really fantastic people and organisations, and this year has been no different. We'd like to say a huge thank you to everyone who has

supported our work this year, through volunteering, fundraising, and helping to raise our profile.

Here are some of their stories:

#### Suffolk County Council Chairman's Charity

In 2018, we were delighted to be chosen as the Suffolk County Council Chairman's Charity of the Year. From staff quizzes and Christmas fayres to sponsored runs and raffles, Suffolk County Council helped raise an incredible £8576 for Suffolk Artlink. It was a pleasure to get to know the staff at Suffolk Council Council better as we worked together, and we were happy to leave one of our students' artworks 'Monsterland' on display in Endeavour House reception at the end of the year as a reminder of their generous support.

Michael commented: "I was very pleased to make Suffolk Artlink my charity for my term of office as I was aware of all the great work they did around Suffolk for a whole range of residents both young and old. My aim was not just to raise money but to also raise the profile of this brilliant organisation."

#### Suffolk Open Studios partnership

In 2018, we began a partnership with Suffolk Open Studios. Taking part in the scheme in June helped to raise our profile and gave us an opportunity to show our participants' artworks to the public. In addition to this, the Suffolk Open Studios artists raised money for Suffolk Artlink through prize draws and other fundraising initiatives. We are enjoying being a new part of this creative community and look forward to developing our partnership in future years.

Committee Member, Lucy Perry, says: "The links between our two organisations are hugely relevant and mutually beneficial. As artists we

are able to experience the benefits of creativity whenever we wish, and it seemed important to find ways to help other people engage in the arts to access these benefits, too. Supporting Suffolk Artlink and the exciting, far reaching work that they do was a perfect way to achieve this. It has been hugely enjoyable to work alongside the charity and we hope that we can continue to build this relationship into the future.”

‘The links between our two organisations are hugely relevant and mutually beneficial.’ Lucy Perry, Open Studios

### Volunteer Profile Mary Louise, Volunteer

Mary Louise has been volunteering at JumpstART in Lowestoft since 2015.

What motivated you to volunteer for Suffolk Artlink?

I wanted to give back, and gain experience working with people with different disabilities.

What does your volunteering role involve?

I help set up for the day, getting drinks ready, washing up and doing what is needed for the session to run well. I also support the students to ensure they get the most out of the course.

What do you most enjoy about volunteering at JumpstART?

I LOVE it so - all of it!!! Although if I had to pick one thing, it's seeing a student achieve their goal for the day.

How does volunteering for Suffolk Artlink make you feel?

It helps me to feel useful, like I'm achieving new things. I get fantastic support from the project team. A few years ago my mother passed away, and Suffolk Artlink has helped me find what I love, learn to cope and be OK without her. It's enabled me to move on in my life.

If you had to describe Suffolk Artlink in 3 words, what would they be?  
Fantastic, Friendly, Fun.

'It helps me to feel useful, like I'm achieving new things.' Mary Louise,  
Volunteer

### Fundraiser's Story Eloise Fundraiser

"In December 2016 Finley (then aged 4) became very poorly. We decided to rush him into Colchester A&E department, who were amazing. Whilst in hospital in the first few days two amazing 'clown doctors' appeared. They were kind, gentle and very funny and really helped a very poorly little boy and worried parents to forget everything for a little while and just laugh. They were talked about for days after and luckily Finley was also able to have fun with them on other hospital stays, and luckily, he is perfectly well now.

The Clown Doctors honestly made a huge difference to us, and stopped the worrying for a little while. I know they support numerous families through difficult times, so I thought I'd challenge myself and run the Colchester half marathon in support of the project.

'Two amazing 'clown doctors' appeared. They were kind, gentle and very funny' Eloise Fundraiser

### Ways to get involved

#### Support Us

If you'd like to help to bring skills, support networks, confidence and joy to people in the East, why not support our work? Whether you're an individual or a business you can transform lives through the arts by:

- Making a one-off donation
- Giving a regular monthly donation

- Holding a fundraising event in your community
- Taking part in a sponsored challenge in aid of Suffolk Artlink

Visit our website to find out more or to sign up to our e-newsletter:  
[www.suffolkartlink.org.uk](http://www.suffolkartlink.org.uk)

A regular gift can make a real difference

£10 buys arts materials to bring laughter to children in hospital

£50 pays for a musician to give a tutorial to one of our students

£120 pays for an artist to lead a workshop for older people

Connect with us: Twitter and Instagram @Suffolk\_Artlink, Facebook  
Suffolk.Artlink

## Statement of financial activities

For the year ended 31 March 2019

(including Income and Expenditure account)

Income and endowments

Donations and legacies

Unrestricted funds £89,339, Restricted funds £297,169, 2019 Total  
£386,508, 2018 Total £402,898

Charitable activities

Unrestricted funds £12,359, Restricted funds £9,697, 2019 Total £22,056,  
2018 Total £21,403

Investment income

Unrestricted funds £4,677, Restricted funds -, 2019 Total £4,677, 2018 Total £4,532

Total income

Unrestricted funds £106,375, Restricted funds £306,866, 2019 Total £413,241, 2018 Total £428,833

Expenditure

Charitable activities

Unrestricted funds £94,867, Restricted funds £320,837, 2019 Total £415,704, 2018 Total £425,375

Total expenditure

Unrestricted funds £94,867, Restricted funds £320,837, 2019 Total £415,704, 2018 Total £425,375

Net (expenditure)/income and net movement in funds

Unrestricted funds £11,508, Restricted funds -£13,97, 2019 Total -£2,463, 2018 Total £3,458

Reconciliation of funds

Total funds brought forward

Unrestricted funds £94,046, Restricted funds £161,454, 2019 Total £255,500, 2018 Total £252,042

Total funds carried forward

Unrestricted funds £105,554, Restricted funds £147,483, 2019 Total £253,037, 2018 Total £255,500

Balance Sheet  
At 31 March 2019

Fixed assets

Tangible fixed assets

2019 £259, 2018 £1,192

Current assets

Debtors

2019 £992, 2018 £1982

Cash at bank and in hand

2019 £334,457, 2018 £390,155

Total

2019 £335,449, 2018 £392,137

Creditors: Amounts falling due within one year

2019 -£82,671, 2018 -£75,829

Net current assets

2019 £252,778, 2018 £316,308

Total assets less current liabilities

2019 £253,037, 2018 £317,500

Creditors: Amounts falling due after more than one year

2019 -, 2018 -£62,00

Net assets

2019 £253,037, 2018 £255,500

Funds of the charity

Unrestricted funds

2019 £77,318, 2018 £76,014

Designated funds

2019 £28,236, 2018 £17,972

Total of unrestricted and designated funds

2019 £105,554, 2018 £94,046

Restricted funds

2019 £147,483, 2018 £161,454

Total

2019 £253,037, 2018 £255,500

Financial summary

1 April 2018 - 31 March 2019

Our income

16.6% National Lottery Community Fund

16.6% Arts Council England

16.0% Local Authorities

13.0% Children in Need

8.7% Youth Music

8.6% Suffolk Community Foundation

7.1% National Lottery Heritage Fund

5.3% Earned Income

4.7% Other Trusts, Foundations & Donations

2.4% The Rayne Foundation

1.1% Investment

Project Expenditure

37.7% People with Learning Disabilities

26.8% Young People

18.4% Older People

10.7% Intergenerational

6.4% Family Carers

Thank you to our funders & supporters

The National Lottery Community Fund, Arts Council England, Suffolk County Council, Children in Need, Babergh District Council, Mid Suffolk District Council, National Foundation for Youth Music, Suffolk Community Foundation, The National Lottery Heritage Fund, Allied Health Professionals Suffolk, The Baring Foundation, Leading Lives, Lowestoft Rising, Micropress, Suffolk Open Studios, Adnams, Arts Society Bury ST

Edmunds, Arts Society of West Suffolk, Sarah Bardwell, Cliff Bushe, Tony Butler, Alex Casey, Co-Op Local Community Fund, Jeni Draper, East of England Co-Op Community Token Scheme, Elizabeth Frankland Moore and Star Foundation, Andrew and Margaret Field, Hayley Field, The Fitton Trust, Henstead Bell Ringers, Ipswich Rotary Club, Mike James, Jay Singers, Michael Ladd, The Limbourne Trust, Lucy Perry and Friends, Magna Carta Lodge, Manningtree High School Art Department, Maui Wau, Old Jet, One Stop, Eric Orme, Nella Probert, The Rayne Foundation, Suffolk Community Foundation (Arts and Culture Fund, Sabariah's Fund, Suffolk Rural Fund, Suffolk Carers Fund, Harwich Haven Authority Fund, Henry Smith County Grants, Dementia Friendly Communities Fund, Pargiter Trust Fund), Suffolk Tai Chi Academy, Waitrose Community Matters, West Suffolk Council (Cllr Wakelam), Michael Williams, Esmee Wilcox, Alistair Winch, Woolpit Steam.

A big thank you also goes out to all the venues that host our badge boxes and donations tins, and everybody that has held a personal fundraiser to support our work this year.

## Our Team

### Trustees

Chair: Esmee Wilcox

Treasurer: Mike James

Sarah Bardwell, Maria Dobing, Jeni Draper, Karina Flatt, Alice Whitney, Chloe Pearson (Young Shadow Trustee)

### Staff team

Co-Directors: Alex Casey & Hayley Field

General Manager: Alistair Winch

Communications and Development:

Manager: Rachael Murray

Administrator: Miles Row

Project Development Officers:

Bridie Coombes, Kasia Don-Daniel, Siobhan Johnson, Charlie Meyer,  
Carrie Phoenix, Fran Speight, Lynn Whitehead, Candida Wingate

Learning Support Tutor: Rachel Bennett

'Best Medicine in the world, thank you' Parent, Clown Round

Suffolk Artlink

Units 13& 14 Malt Store Annex

The Cut, 8 New Cut

Halesworth

Suffolk IP19 8BY

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