

Suffolk Artlink Annual Review- 2021

Thank you

The delivery of our work this year is thanks to the exceptional dedication, commitment and creativity of a great many people.

Our artists:

Gillian Allard, Felicity Brown, Leo Burtin, Jacquie Campbell, Tim Casson, Casson & Friends, Matthew Winston, Max Clarke, Jaki Clibbon, Filomena Cristallino, Jacqueline Davies, Chris Draude, Lucy Enskat, Alice-Andrea Ewing, Linda Farrow, Lelia Ferro, Sophie Fox, Caroline Gervay, Emily Godden, Kaia Goodenough, Bryan Hall, Tom Hobden, Caitlin Howells, Jaqui Hurst, Catherine Johnson, Mike Knowlden, Pete Letanka, Arji Manuelpillai, Laura McGill, Chloe Mead, Kimberley Moore, Sam Moss, Shelly O'Brien, David Ogle, Daniela Paiva, Dean Parkin, Dr Jessica Pitt, Carrie Phoenix, Kasia Posen, Richard Pye, Jack Ross, Genevieve Rudd, Kirsty Tallent, Pauline Torrance, Jon Tyler, Lynn Whitehead, Lewis Wickwar.

Our volunteers:

Jane Bryant, Stephanie Cavendish, Naomi Cooke, Sharon Cuthbert, Freddie Dunkley, Rosie Flood, Alicia Gooch, Rob Gridley, Mary Harris, Chris Hart, Mike James, Pauline Judge, Jacky Lalanne, Charlie Meyer, Mary-Lou Owen, Amanda Potter, Emilia Ramsey, Gary Rowland, Natalie Tarling, Alison Western, Polly Wheeler, Anna Vince

Our partners:

Abbotts Green Academy, Ace Anglia, Association for Suffolk Museums, Broadlands Care Home, Community Action Suffolk, Creative Minds, DanceEast, East Anglia's Children's Hospices (The Treehouse and The Nook), East Suffolk and North Essex NHS Foundation Trust (Colchester and Ipswich Hospitals), First Light Festival, Google Arts & Culture, James Paget University Hospital NHS Foundation Trust, Kirkley Centre, Kirkley Pantry, Lowestoft Rising, Norfolk and Norwich University Hospital NHS Foundation Trust, One Life Suffolk, Outside In, The Rural Coffee Caravan, Theatre Royal Bury St Edmunds 'Act Your Age' theatre group, Thinklusive, Tony Carter, Sarah Jane Anthony, Suffolk Libraries, Suffolk Record Office.

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What we do

Suffolk Artlink is a participatory arts charity. We develop and deliver inclusive arts programmes that support peoples' health and wellbeing.

Our creative projects help people transform their lives through the arts by bringing skills, support networks, confidence and joy to communities in the East. We work in places including hospitals, hospices, residential homes, schools and community venues. Our work is led by experienced arts practitioners, encompassing a rich variety of art forms, and is delivered in close partnership with care, education, voluntary and community organisations.

Co-Chairs' review

Sarah Bardwell and Jeni Draper

"We are in a strong position to meet emerging needs as well as increasing our reach and impact in new communities."

After several long lockdowns and with the UK only just opening up as we write, we know that the effects of this global pandemic are far reaching and long term.

There is positivity in the air, as friends and families reunite, businesses open and cultural venues welcome artists and audiences back. However, there is still much uncertainty, and the challenges of the past 18 months have deeply affected many people's health and wellbeing.

The work we do has been vital in supporting our communities through lockdown and will continue to be essential as we come out the other side. We've adapted many of our projects to allow for digital delivery, to allow us to engage and encourage people from home.

We've found that we are welcoming an even broader audience to enjoy our work, including those who are still shielding, have disabilities or limited transport, or those who'd just prefer to join us tucked up in the comfort of their own home.

By learning and innovating over the past year, we are in a strong position to meet emerging needs as well as increasing our reach and impact in new communities. We are committed to continuing online provision as well as embracing opportunities to return to face-to-face delivery.

We would like to thank the trustees for their commitment to Suffolk Artlink and we particularly welcome Chloe Pearson who has stepped up from her position as young trustee observer to join us as a full Board member.

Our deepest thanks to Hayley, Alex and the staff team, participants, supporters, funders, volunteers and the communities we work in.

Co-Directors' review

Alex Casey and Hayley Field

“Our ability to adapt our work is down to the continued flexibility and trust shown by our funders.”

In a year in which ‘together’ has had a more nuanced meaning, we have found new and different ways of supporting people to have a shared creative experience.

We have provided vital positive connections during a very difficult time. There have, however, been significant challenges in reaching new people. We were able to adapt programmes such as Brave Art quickly, however our work in schools, care homes and hospitals had to be paused or delivered at a reduced level, which has impacted the number of people we have reached.

As part of the wider cultural and voluntary sectors we have not been alone in finding this year challenging. The closure of arts venues has meant many organisations have faced significant restructuring; the wider programmes of voluntary and community organisations have been diverted towards providing emergency responses to people affected by the pandemic. This has impacted the ways we work and connect with other organisations. Our ability to adapt our work is down to the continued flexibility and trust shown by our funders. Thank you.

A massive thank you to our staff, who have worked so hard to continually adjust to the ever changing situation. Our team has strengthened as we relied on each other's support to get through the personal and professional challenges of this exceptional time. We have stayed connected through regular online meetings, ensuring our work is better shared across the team than before.

Thanks also go to our amazing freelance artists, who have awed us with their inventive ideas, and embraced working in completely new ways.

A final thank you must go to our participants who have come along this journey with us, embraced the unknown and generously shared their creativity.

Our participatory programme in brief

Our varied programme of participatory arts projects reflects the specific needs of the diverse communities we work with. We collaborate with professional artists and partners to develop creative, inclusive activities that put our participants at the heart of our work.

Meaningful and challenging artist-led activities bring a depth of engagement which has a lasting, transformative impact. Our work supports peoples' health, wellbeing, creative development and social connections. We celebrate and share our participants' creativity to enrich communities across the East and beyond.

Around the Table

We offer adult family carers the opportunity to explore food, creativity and culture, so that they can gain respite from their caring role, develop new support systems, build confidence and a new sense of passion and achievement.

In 2020/21 we adapted Around the Table from a purely face-to face delivery model to incorporate telephone trees, postal activities, online group cookery sessions and in person meet ups.

Brave Art

Our arts training course for people with learning disabilities offers students the chance to enjoy exploring a variety of art forms whilst developing creative and life skills.

In 2020/21 our students were able to join live online creative and wellbeing sessions, and receive activity books and materials, delivered to their door. A private Facebook Group and regular phone calls allowed everyone to share their work and stay in touch.

Celebrating Us

We launched three place-based artist residencies with the aim of getting the community involved, creative and connected in order to reduce isolation and increase wellbeing.

In 2020/21 we commissioned our three artists, covering mediums including poetry, dance and sculpture, who began to design creative interventions for residents in Halesworth, Ipswich and Eye.

Clown Round

Our Clown Doctors bring fun, laughter and distraction to children, young people and their families in hospitals and hospices across Suffolk, Norfolk and Essex.

In 2020/21 we continued to visit hospitals and hospices in person where possible. When restrictions were in place we created online resources, such as video Clown Visits, and delivered online home visits to EACH Hospice's families over Zoom.

Kirkley Creates

We welcome Kirkley residents to grow, eat and share through inspiring, social and creative get-togethers that invite participants to explore the place they call home in new ways.

In 2020/21 we commissioned an artist collaboration, 'The Third Person', to design the programme. Delivery was delayed until spring 2021. Activities include sessions at Kirkley Pantry and the Kirkley Centre and a presentation at First Light Festival Longest Days of Summer programme.

Little Beats

A professional development programme that brings musicians and early years music educators together with librarians across Suffolk. We aim to improve wellbeing, child development and musical engagement amongst pre-school children.

In 2020/21 we delivered the full programme, connecting artists and library staff through Zoom master classes and online partnerships.

Make Do & Friends

We've been bringing creative get togethers to rural villages and towns in Mid-Suffolk and Babergh, providing an opportunity for older residents to meet, share and learn new skills.

In 2020/21 we asked people 'What is your village made of?' and explored their responses through face-to face and online workshops, creative telephone conversations with artists, and a series of home-based creative activities shared through a new blog.

Special Delivery

Our new intergenerational project brings young and old together to enjoy creative sessions, with inspiration from letters found in archives from Bury St Edmunds, Halesworth and Lowestoft.

In 2020/21 we sent inspiring creative resources into schools to bring letter writing, and the authors of the archived letters, alive. We connected young and old through videos and live online Zoom sessions.

VR Adventures

During this pilot project, we explored the use of participatory Virtual Reality experiences to improve wellbeing for people in healthcare settings.

In 2020/21 a team of multidisciplinary artists undertook extensive research and development in a variety of VR and creative digital technologies to develop person-centred activities. They tested out some of the work created with staff and residents in Broadlands Care Home.

Things we achieved in 2020–21

9 projects managed,

601 participants engaged,

75 artist training and development sessions

22 volunteers supported,

43,645 audience reached,

407 artists days work

We've adapted many of our projects to incorporate remote delivery, to allow us to engage people from home:

3.8% Face-to-face sessions

19.1% Live online sessions

6.1% Non-live online activities

39% Postal activities

32% Phone based activities

Adapting and innovating

Through adapting and innovating we stayed vibrant and relevant.

This year it was vital that we worked together in order to discover new ways to bring creativity and connection to our communities when face-to-face delivery wasn't possible.

Across our programme, we delivered artist-led Zoom sessions that have beamed our Clown Doctors into family living rooms and encouraged participants to explore new worlds together, such as writing poems and trying new recipe ideas.

“After a virtual visit with the Clown Doctors, Thomas was calm and settled. He is having such a rotten time, to see him calm for any period of time is fantastic.’ Sarah Fisher, EACH Hospice, Clown Round.

[Click here to watch the Clown Doctors' first music video 'After the rain'](#)

As part of our Make, Do & Friends project, we launched a blog full of specially devised creative activities for people to take part in at home. We connected communities through online workshops led by dancers, photographers and poets, and embraced new technologies that allow real-time collaboration, such as Padlet, to help our participants share their thoughts and creations with each other.

[Click here to visit the Make, Do & Friends blog](#)

During Brave Art, we invited our students to create together, and inspire each other at artist-led online sessions themed around 'Utopia'. Through the use of a new private group on Facebook, our students could share their work and receive feedback, becoming a supportive and connected community.

[Click here to see more of what our Brave Art students have been up to over on Facebook](#)

Delivering our work online was part of our solution, but the digital divide has also meant we've had to explore other ways of reaching people.

We've used the post to send home workbooks of creative activities, seeds for sowing and invitations to try something new. We picked up the phone to keep in touch. We regularly checked in on our regular Brave Art students, set up creative conversations with artists during Make, Do & Friends and initiated supportive telephone tree networks to encourage our Around the Table carers to keep in touch with one another.

Quotes

"I have so many emotions during lockdown – but when I draw they are all colourful ones." Brave Art student

"I was very scared to start with but have come out of my shell a lot more now, and talking to my friends and even my support worker Sam" Andreas, Brave Art

'I'm very proud of what I've done today, I've learned new skills, I've got better.' Brave Art student

"To be able to participate in a creative venture with new people, to share our work and have a laugh makes such a difference to the day." Participant, Make, Do & Friends

"When you live by yourself it can get quite lonely. I've had 90 minutes of laughing with other people." Participant, Make, Do & Friends

[Click here to watch poetry videos created by Arji Manuelpillai following his Make, Do & Friends remote poetry residency](#)

Project focus- Around the Table

This year we adapted Around the Table from a purely face-to-face model to embrace a range of new ways of reaching family carers across the county.

We've had some great successes. Posting out ingredients boxes in advance of live online cooking sessions meant that we could provide exactly what our carers needed, avoiding extra expense, effort and waste. Using postal activity packs allowed carers the flexibility to enjoy inspirational activities at a time that best suited them.

Telephone trees and online meet ups allowed us to introduce carers from across the county to each other, without the need for anyone to travel. We even created links with the Museum of East Anglian Life (which is now home to our Stowmarket sessions) and Manchester Jewish Museum.

With some ingenuity and determination, we were able to continue to support our family carers through a difficult year.

Quotes

“Thank you so much for my edible flower garden pack. Had a difficult day yesterday and to receive these this morning has really made me feel better.” Di, Family Carer, Around the Table

“The workshops have been such welcome mental breaks from ongoing strain.” Participant, Make, Do & Friends

“I really love everything about Kirkley Creates. It has given me a great start in growing my own things, knowing the edible things around my home, meeting lovely people and learning a lot about our natural world.” PB, Participant, Kirkley Creates

Making a difference

We are delighted to see clear evidence of the continued positive impact of engaging our communities with creativity during this year, despite reaching them in different ways.

It was evident that the most important part of our work this year, as always, was providing communities with the opportunity to be creative, together. By connecting with artists, each other and themselves, our participants experienced a multitude of benefits, at a time when they were needed more than ever.

Partner experience

Julia Gibson-Cranch, Locality Wellbeing Lead at East Anglia Children’s Hospice, talks about the impact of Clown Round.

“Clown Round provides East Anglia Children’s Hospices with sensitive and fun sessions for our families, who are often struggling with the prospect of their child’s illness and condition.

“Our families’ sense of isolation and challenge has been dramatically increased from the impacts of Covid-19 and the restrictions that have been put in place. As EACH grappled with a move to virtual delivery, Suffolk Artlink and the Clown Doctors adapted their offer to work alongside ours. They embraced this with their usual fun

and 'quirky' style, and were able to join a wide range of our sessions for children of all ages and abilities. These sessions gave vulnerable children experiencing palliative illnesses, their siblings and their parent/carer's a welcome break and relief from the often difficult reality of their life.

The feedback from the families was a resounding success, with laughter, applause and smiles evident in the sessions. Later feedback by families also noted the 100% positive impact that the Clown Doctors' appearance had given."

Participant experience

Sally has autism. She joined our weekly Brave Art course for adults with learning disabilities during lockdown in 2020, on Zoom.

'Since I have social anxiety, doing it from home I feel more relaxed. I can be under a blanket or with a cup of tea, instead of going into a room and meeting people properly. I still like to feel connected, and part of a group, and being involved in Brave Art has really given me that. It gives me structure and I'm finding it really fun.

Sally's mum adds: "Your sessions are the highlight of Sally's week. They are especially important at the moment as most activities have been cancelled during lockdown. The uncertainty of life and constant bad news is hard to deal with for us all, but particularly for people with learning difficulties or autism.

Having creative activities to think about and getting positive feedback from you all, makes a huge difference to Sally and the others. They also seem to have bonded as a supportive group which is lovely to see. The positive approach you take really helps Sally to believe in herself."

[Click here to view Sally's self directed 'transformation' film, expressing her Utopian ideals through the wave of a magic wand](#)

Participant experience

Douglas took part in Dean Parkin's online poetry sessions during lockdown, as part of our Make, Do & Friends programme.

'I'd lost touch with myself a bit, I was feeling I wasn't good enough and that everything I did had to be the best it could be. I don't feel that sort of pressure in these sessions. They don't have to lead anywhere, you can just have a go and see what happens. Since taking part, I feel more creative; I feel more focused and I'm happier. I feel less anxious too.

It's been the combination of having a structure, the objectives and the encouragement; it's having the people and having the time that's made the difference. It doesn't have to be the best poem in the world, there's no pressure. It's

challenging you in a safe environment and a reminder that art isn't always planned, it's more spontaneous. The session is a reminder that it's safe to step outside our comfort zone.

It's an evolution, isn't it? Small steps, each month, bringing new skills to the equation.'

[Click here to view our Make, Do & Friends showreel, containing highlights from the activities and impacts of our rural arts programme for older people](#)

Supporting the arts and health sector

This year, perhaps more than ever, we've seen, and facilitated, huge development in our staff, artists and participants.

We've experienced a significant increase in our collective confidence and ability to engage with each other in new ways, which we know will bring far-reaching benefits for our future work.

We supported our artists to explore new technologies, and develop innovative ways of creatively connecting with participants, and each other, breaking down geographical, psychological and logistical boundaries.

As geographical barriers reduced, we've been able to engage staff and artists from further afield, bringing new backgrounds, points of view and skills to our services.

We have continued in our role as Eastern Region Arts Champion for the Culture, Health and Wellbeing Alliance as well as leading on a regional Accessibility Forum which shares best practice and resources. This year the Forum has particularly focused on online access requirements and tools to help to bridge the digital divide.

We've been able to support our artists to develop innovative ways of creatively connecting with participants, and each other, breaking down geographical, psychological and logistical boundaries.

Quotes

"I've really enjoyed the opportunity to connect with and learn from all of the early years music specialists who have facilitated the sessions. Their ideas and knowledge have really inspired us and will help shape how we deliver our early years sessions." Sally Garwood, Suffolk Libraries Creative Programmes Coordinator, Little Beats

"Zoom made me laugh, I realised I hadn't laughed for months. Those funny things give you a release and a relief that life still goes on." Di, Family Carer, Around the Table

Artist experience

Poet, Dean Parkin, talks about working with Suffolk Artlink during an exceptional year.

“Working with Suffolk Artlink provided me with a great creative uplift and boost during what has been a strange and disturbing period for us all.

Being forced to re-imagine my working methods has generally been a good thing, and seeing how others work has been a pleasure and an education. It’s helped me evolve from poetry workshop leader into a real community artist.

Working with Emily and my fellow artists during VR Adventures opened up new possibilities for being digitally creative with stories and words and engaging people. The sessions with Broadlands Care Home were enriching, showing the potential and effectiveness of working remotely with residents in a care home setting.

I’ve reached new communities from further afield, through using online technology and the telephone.

During Make, Do & Friends, I undertook Creative Conversations for the first time. I’d ring up someone for a chat and together we’d create a poem about their lives. It’s good to feel listened to, and the participants really enjoyed the result of ‘their’ poem. Sessions have been much more of a two-way process and interactive experience. Participants have had a lot more agency concerning their contributions and, in some cases, they even took the lead.

Working with Suffolk Artlink this year ensured I could continue to work dynamically as an artist at a challenging time. It allowed me to feel like I’ve made a real contribution to the wellbeing of others, and I benefitted too, from the unexpected bonus of a creative reboot!”

[Click here to enjoy Dean's creative guide to Zoom, created for those participants who were new to the online platform](#)

Quotes

“It’s been tremendous and frankly helped a lot, as otherwise I would have been really lonely – I only got to see family for a few days over Christmas but other than that I’ve been totally alone.” Participant, Do & Friends

“A very simple time-restricted creative activity can move you along and give you space, and can give you time to think more rationally and less emotionally.”
Maureen, Make, Do & Friends

Artist experience

This film shows our VR Adventures artists as they reflect on a year of learning. They discuss working together and using digital technology in their practice.

“I hadn't considered the value of being able to digitise and to share a 3D object and the capacity for you to then engage people using artefacts, or their own personal spaces, or themselves.” Lewis Wickwar, VR Adventures

[Click here to enjoy the film of our VR Adventures artists' conversation](#)

Project focus

With Suffolk Libraries, we delivered a year-long professional development programme to improve wellbeing, child development and musical engagement.

During Little Beats, we brought musicians and early years music educators together with Great Cornard and Lowestoft librarians, and staff from Homestart. By sharing their skills and experience, they developed their personal practice and creativity to deliver musical activities that support preschool children and their parents.

Library staff and lead musicians attended online masterclasses delivered by music practitioners, a movement artist and an Early Years music educator and researcher. These were complemented by sessions supporting the team to deliver online including using Zoom, set design and audio capture. From here, our artists paired up with library and homestart staff, to work together to develop their pre-school music offer.

This collaborative approach provided a fantastic support network and provided fertile ground for creativity and sharing new ideas.

The project resulted in online music sessions delivered to families during lockdown, as well as resources that share ideas and inspiration with library staff, children's charities and families right across the county.

Growing our profile and supporter base

As with every year, it was important for us to continue to raise awareness of the work we do, and encourage individuals and businesses in the community to support us.

This proved a little more challenging than usual, however, we saw some great developments. Highlights include our inclusion on the global Google Arts & Culture platform, as well as receiving support from local organisations, including the fabulous Ferini Art Gallery, who chose us as beneficiaries for their annual postcard auction.

As we took much of our delivery online, our partners and supporters helped to promote our activities using their digital channels. We are hugely grateful to everyone who played a part in sharing news of our work and raising money to support its delivery this year.

[Click here to visit Suffolk Artlink's profile on Google Arts & Culture](#)

Raising our profile

This year, we were delighted to see hundreds of artworks and photos from our community arts programme featured on the global Google Arts & Culture platform.

Our work is now visible to people around the world thanks to our new partnership with Google.

Google Arts & Culture puts the collections of more than 2,000 museums at your fingertips. It's an immersive way to explore art, history and the wonders of the world, and we are delighted to be one of the first arts and health organisations in the region to be featured.

Thanks to this new virtual exhibition, users will be able to see collections of artworks created by our students and participants, alongside imagery taken at our projects in just a few clicks!

We specially curated five virtual exhibits to go live with the launch of our profile, and we can't wait to use this new platform to share many more stories of our work with a world-wide audience.

New Supporter

In 2020, we were lucky enough to be selected as the recipients of funds from the annual Pakefield Postcard Auction. charities.

The event is run by the Ferini Art Gallery and raises thousands of pounds each summer for local charities.

Over 90 postcard-sized artworks were donated by a wide variety of artists across the county, with all proceeds going towards our work. This year, a face-to-face auction wasn't possible, so the Gallery invited art lovers to acquire a mini masterpiece from the comfort of home, through an online event.

A huge thank you goes to Michaela Hobbs of the Ferini Art Gallery, who arranged a fabulous event, despite the circumstances! Thanks also go to the artists who donated artworks, and Durrants Auctions, who provided the online auction facility, and a live auctioneer. The event was a huge success, raising £2,931 which supported people to access the arts during this exceptional year.

Volunteer experience

Amanda Potter talks about her time volunteering for Suffolk Artlink since joining us in 2011.

“I was impressed by the work that Suffolk Artlink does with people of all ages, regardless of their skills and abilities. I feel strongly that "Art is for everyone" and Suffolk Artlink fulfils that brief in spades.

“As well as being a friendly face, I take part in activities the artists set for our participants. I model the activities and ask questions that the group may want to ask, but are perhaps not able to (e.g "Does it matter if I get paint on the edges?"). This has been useful in Zoom sessions this year, which was a new situation for us all.

“I most enjoy the buzz of the sessions, watching two groups of people of wildly disparate ages - as in the "Lowestoft Folk" sessions - really working together and forging relationships. I also really enjoy doing the creative activities myself!

“Volunteering with Suffolk Artlink makes me feel alive! We all come out of each session energised, invigorated and eager for the next one. It is an amazing feeling of community and friendship which is generated and I am immensely pleased to be a small part of it.”

“It is an amazing feeling of community and friendship which is generated.”

Supporting Suffolk Artlink

Transform lives through the arts

If you'd like to help bring skills, support networks, confidence and joy to people in the East, why not support our work? Whether an individual or a business, you can transform lives through the arts by:

- Making a one-off donation
- Giving a regular monthly donation
- Holding a fundraising event in your community
- Taking part in a sponsored challenge in support of Suffolk Artlink

£10 buys art materials to bring laughter to children in hospital, £50 pays to hire a space to bring people together to get creative and make new friends, £120 pays for a professional artist to lead a workshop that brings old and young together.

Become a Suffolk Artlink Supporter

Regular giving provides us with an essential source of reliable income. Your monthly donations will allow us to plan ahead with confidence and provide support where it is most needed.

Silver: £4 per month Gold: £10 per month Platinum: £25+ per month

All new Supporters receive a welcome pack including: a limited edition gift featuring a design created by one of our participants, our annual review each year, regular email updates and invitations to Suffolk Artlink events.

Suffolk Artlink a Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account) for the Year ended 31 March 2021

Income and Endowments

Donations and Legacies:

Unrestricted Funds 2021 £76,737

Restricted Funds 2021 £268,387

Total Funds 2021 £345,124

Total Funds 2020 £492,347

Charitable Activities:

Unrestricted Funds 2021 £251

Restricted Funds 2021 £14,821

Total Funds 2021 £15,072

Total Funds 2020 £36,913

Investment Income:

Unrestricted Funds 2021 £3,211

Restricted Funds 2021 £0

Total Funds 2021 £3,211

Total Funds 2020 £3,718

Total Income:

Unrestricted Funds 2021 £80,199

Restricted Funds 2021 £283,208

Total Funds 2021 £363,407

Total Funds 2020 £532,978

Expenditure

Charitable Activities:

Unrestricted Funds 2021 £87,678

Restricted Funds 2021 £298,424

Total Funds 2021 £386,102

Total Funds 2020 £432,161

Total Expenditure

Unrestricted Funds 2021 £87,678

Restricted Funds 2021 £298,424

Total Funds 2021 £386,102

Total Funds 2020 £432,161

Net income/expenditure and net movement in funds

Unrestricted Funds 2021 -£7,479

Restricted Funds 2021 -£15,216

Total Funds 2021 -£22,695

Total Funds 2020 £100,817

Reconciliation of Funds

Total Funds Brought Forward

Unrestricted Funds 2021 £124,299

Restricted Funds 2021 £229,555

Total Funds 2021 £353,854

Total Funds 2020 £263,037

Total Funds Carried Forward

Unrestricted Funds 2021 £116,820

Restricted Funds 2021 £214,339

Total Funds 2021 £331,159

Total Funds 2020 £353,854

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

Balance Sheet

at 31 March 2021

Fixed Assets

Tangible Fixed Assets: 2021 £554, 2020 £830

Current Assets

Debtors: 2021 £1,879, 2020 £1,760

Cash at bank and in hand: 2021 £366,625, 2020 £373,142

Total current assets: 2021 £368,504, 2020 £374,902

Creditors: Amounts falling due within one year: 2021 -£37,899, 2020 -£21,878

Net Current Assets: 2021 £330,605, 2020 £353,024

Total Assets less current liabilities: 2021 £331,159, 2020 £353,854

Net Assets: 2021 £331,159, 2020 £353,854

Funds of the charity

Restricted funds: 2021 £214,339, 2020 £229,555

Unrestricted funds: 2021 £116,820, 2020 £124,299

Total Charitable Funds: 2021 £331,159, 2020 £353,854

Financial Summary

Our income received in 2020 / 2021

National Lottery Community Fund 28.0%

Suffolk County Council 24.3%

Arts Council England 22.5%

Youth Music 7.2%

Children in Need 5.5%
Charitable activities 4.1%
Other Trusts and Foundations 3.6%
Other Local Authority Grants 1.4%
Donations 2.5%
Investment income 0.9%

Our expenditure in 2020 / 2021

Older People 34%
People with Learning Disabilities 31%
Young People 19%
Intergenerational 8%
Family Carers 8%

Thank you to our funders & supporters

National Lottery Community Fund, National Lottery Heritage Fund, Suffolk County Council, Arts Council England, Children in Need, Youth Music, Babergh District Council, Mid Suffolk District Council, South Suffolk Council, East Suffolk Council, Association for Suffolk Museums, take note, Ferini Art Gallery, ft' work, Lowestoft Rising, Pakefield Postcard Auction, Suffolk Community Foundation (Realising Ambitions, Suffolk Carers Fund, Suffolk Coronavirus Community Fund), Suffolk Open Studios.

Asda Foundation Green Token Giving, Sarah Bardwell, Tony Butler, Anita Cameron, Alex Casey, Jeni Draper, Jane Dyball, Ferini Art Gallery, Andrew & Margaret Field, Hayley Field, Fitton Trust, Mike James, Michaela Hobbs, Ray Morrison, Mrs L D Rope Third Charitable Trust, Lord Belstead Charitable Trust, Eric Orme, Pakefield Postcard Auction, Nella Probert, Nichol Young Foundation, Sentinel Leisure Trust 2019 Christmas Day Swim, Simon Gibson Charitable Trust, Suffolk Open Studios, Suffolk Tai Chi Academy, Waitrose Community Matters (Ipswich Corn Exchange), Esmee Wilcox, Alistair Winch.

A big thank you also goes to everyone that has held a personal fundraiser to support our work this year.

Our team

“It introduced me to something I knew nothing about and would have been reluctant to experiment without help. It allowed me to connect with new people.” Participant, Make, Do & Friends

Trustees

Co-Chairs: Sarah Bardwell, Jeni Draper Treasurer: Mike James

Kate Axon, Maddie Baker-Woods, Sydney Burges, Jane Dyball, Karina Flatt (outgoing), Chloe Pearson, Alice Whitney

Staff team

Co-Directors: Alex Casey, Hayley Field. General Manager: Alistair Winch. Communications and Development Manager: Rachael Murray. Administrator: Miles Row. Project Development Officers: Bridie Coombes, Kasia Don-Daniel, Siobhan Johnson, Charlie Meyer, Carrie Phoenix, Fran Speight, Candida Wingate. Learning Support Tutor: Rachel Bennett.

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Registered charity number: 1110898

Company number: 05354844