

Create#3 // My Photo Journey by Gillian Allard

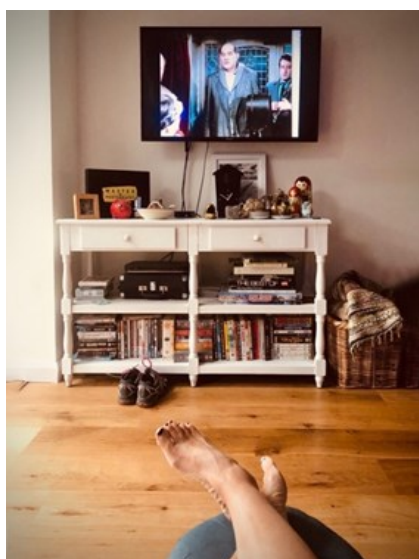
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Using the word 'journey' in its broadest possible sense, from making a cup of tea to visiting a favourite place in your village, this activity uses mobile phone photography to tell very short stories about the journeys we make in our daily lives.

You will need a mobile phone

My Photo Journey

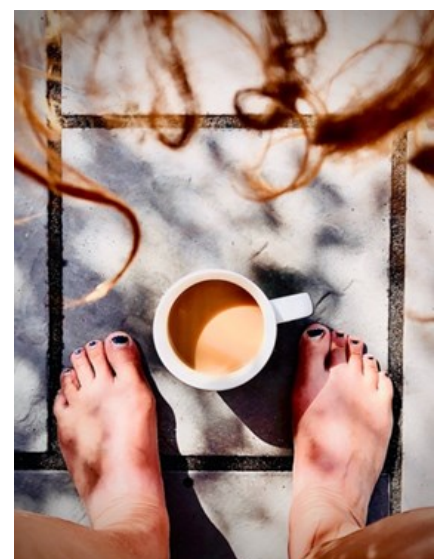
Here's an example of a journey, taken on my mobile phone



This journey starts at the end of an afternoon film. I included my feet to relate me to the scene.



The next step was a coffee, using the camera's 'selfie' mode and self-timer to take the shot.



And finally some fresh air and patio time. I included my long hair to help frame the image.

Activity

Here's how to take photographs using the selfie mode and the self timer.

- Lay your camera flat, screen face-up.
- Tap the selfie' symbol (a camera with a circular arrow inside) to see yourself and whatever's above you.
- Tap the 'self-timer' (a clock or stop watch symbol); that way, you'll be able to take your photo hands-free.
- Tap 10s (this gives you 10 seconds before the camera takes a photo), time to arrange or get out of the way (see dandelion image)
- The self-timer will highlight in a different colour
- Tap the shutter (taking) button
- The phone will show you the 10 seconds counting down.



I lay my camera face up on my scarf to take this photo of the dandelions.

Exploration

- Experiment with holding the camera close to your face and selecting the point of focus.
- Before taking your shot, tap the screen on the specific place you want the camera to focus.
- It always a good idea to do this whenever you are taking photos.
- A highlighted square will appear when you touch the screen to show you the area you have selected.
- Take your photo straight away.

Don't forget to send us images of your photo journey, so that we can share them with everyone on the blog site.

- Email mdf@suffolkartlink.org.uk
- Text to 07857 002974

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CONTACT

For more information on any of these activities, or if you would like to receive our activity packs in the post, please contact Carrie or Candida:

Telephone 01986 873955 or 07857 002974

Email mdf@suffolkartlink.org.uk

www.makedoandfriends.co.uk

Create#3//
My Photo Journey continued

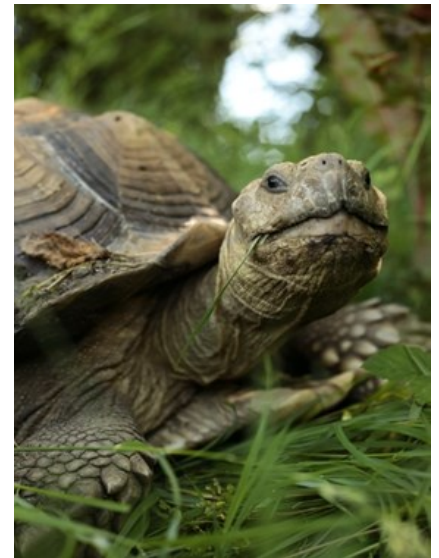
Usually, our Activity Guides are one page long, but we really wanted to share this second photo journey that Gillian sent us, in which she tracks her morning exercise route—with her tortoise.



Meet Phil, our beautiful Sulcata tortoise. He needs to be walked regularly and I often take him across the fields around my home. I included my feet and shot from above to show this.



We sometimes take a different route to reach other fields. Mobile phone cameras have a wide angle of view - if you hold it up high, it will exaggerate 'leading lines' in roads and paths.



Although he really enjoys his walks, Phil also likes to take time to eat and rest. If your pet likes to stop every now and then, take the opportunity to photograph them from their level of view.

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