

Little Beats Planning Session Environment City

Pre-Session Questions

Question 1: Which song are you using? (Wood / Seaside / City / Space)

Question 2: What will the space you are going to use look like?

Question 3: How will you decorate it?

Question 4: What props will you need?

Question 5: What instruments will you need?

Question 6: How will the parents / carers participate with their children?

Question 7: Which songs will I change the tempo in when I sing them?

Question 8: Which songs will I change the pitch of when I sing them?

Question 9: Which songs will I change the volume of when I sing them?

Session Outline

1. Play the track so participants entering the session listen to the track.

2. Housekeeping. We suggest linking the use of mobile phones to a policy and safeguarding of the group. Also a good time to put parents at ease regarding expectations etc.

Warm Ups

3. Welcome songs

Who has come to play? x3 (To the tune of What shall we do with the drunken sailor?)

On a Thursday morning.

Sarah's come to play, Deb's has come to play, Kasia's come to play

On a Thursday morning.

Go Bananas (peel, chop, mash, blend and go!)

Theme

4. Listen to the relevant track but break it up into sections that include parent and child participation but also theme related activities within where possible. Repeat if necessary.



Theme Related Songs

5. Action Songs

The wheels on the bus.

6. Movement songs (in a circle).

As I went walking down the street.

Aeroplanes, aeroplanes all in a row.

Puffer train.

7. Prop songs...Plastic plates (used as steering wheels!)

Brum, brum, digger, digger!

Instrument Section

8. Traffic lights, stop and go using red and green painted on either side of a table tennis bat. Choose a song to sing then ask the children to look at the leader and see if they can respond to the colour they see. Let the children take a turn to be the leader.

This is also good place for the children to make song suggestions and even suggestions for fast / slow, loud / quiet, high / low.

Wind down

9. Use a gentle piece of wind down music to take the group into a calm place. Wood track or rain music.

10. Twinkle, Twinkle etc.

11. The clock says tick tock.

Useful Resources

Songs

As I went walking down the street
We're all riding on a train
Five currant buns in a baker's shop
We went for a ride on a bus today
Down at the station
Wheels on the bus
Little train, little train climbing up the mountain
Aeroplanes, aeroplanes all in a row
Puffer Train
Twinkle, twinkle little star my dad drives a rusty car!

Traffic Light Ideas

Stop and Go. Green and Red painted on a table tennis racket.

Switch sides to denote stop and go?

Traffic Light Song

Stop says the red light

Go says the green

Be careful says the yellow light

Twinkling in between.

