

SPECIAL
DELIVERY

Postcard Club Guide

Welcome to the Special Delivery Postcard Club Guide Issue 6.

In this issue, we feature postcards made by community artist Caitlin Howells.

For some Guides, you will need extra materials, but the basics will always be the same.

You will need: -

- Blank postcards
- Pens and pencils
- Scraps of paper, material, card, tissue paper, etc.
- Glue
- Scissors—although torn paper often works better

You will also need

Someone to send your card to. If you took part in the Special Delivery sessions you will have received some large envelopes for sending on your postcards.

If you are doing this as part of our DIY section, you can send the postcard to whoever you choose, but please email us a photo of it first, to add to our gallery. Email it to: - candida@suffolkartlink.org.uk

1

Caitlin's postcards

Caitlin has made a selection of cards all about the colours and sounds that make her feel relaxed and happy; she's even included her favourite time of day—gloaming.



In and out, ebb and flow



Gloaming is a lovely time of day



I love green—it makes me feel energetic and calm at the same time



Summer sounds of a pond



Best watery wishes

2

What shall I write about?

Caitlin's postcards are all about sounds and colours that make her feel relaxed. What colours soothe you? Are there particular sounds that make you feel calm and happy?

The sound of tide on the pebbles

Buzzes and plops of a pond in summer

What colours make your heart sing?

Hello friend,

Seaside sounds make me feel young and old at the same time!

I love the noise of the tide on the pebbles, in and out, ebb and flow.

What do you love to hear on the coast?

Best wishes, Caitlin



The colours of sunset

The call of seagulls in the distance

Echoes and splashes in swimming pools

The sound of horses munching hay makes me feel really calm

3

Tips for writing postcards

- You don't have to write loads—sometimes a simple 'hello' is all you need to get started.
- It may seem strange to write to someone you've never met—but that's the joy of it—you can tell them anything BUT ...
- Don't tell people stuff you don't want them to know.
- Don't worry about keeping it neat—this is a different sort of writing, and any style goes, just try and write so the other person can read it.

4

Tips for collaging postcards

Once you've written your message it's time to start making your beautiful collaged postcard; here are a few tips, to get you started. Remember—your postcard can be a picture, a pattern or a celebration of your favourite colours. Just start with the background and keep layering up.

Caitlin's background is sheet music—it's about sound

She's used single letters to spell out sounds ...

... and added pictures from old magazines



A snippet of an old photograph adds to the watery theme

She's cut the paper at an angle, going in the same direction as the legs, so it gives the picture a sense of movement, like the tide flowing in and out

Jump in and enjoy yourself, there's no right or wrong, have fun

Swimming pools always echo, don't they?

5

Finishing touches

When you think you've finished—look again. You might want to add details using fine pens, or create a border around your card.

6

Posting your postcard

Use the envelope provided or send it to a friend, but either way please email a photograph to us at candida@suffolkartlink.org.uk

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