

Little Beats Planning Session Environment Space

Pre-Session Questions

Question 1: Which song are you using? (Wood / Seaside / City / Space)

Question 2: What will the space you are going to use look like?

Question 3: How will you decorate it?

Question 4: What props will you need?

Question 5: What instruments will you need?

Question 6: How will the parents / carers participate with their children?

Question 7: Which songs will I change the tempo in when I sing them?

Question 8: Which songs will I change the pitch of when I sing them?

Question 9: Which songs will I change the volume of when I sing them?

Session Outline

1. Play the track so participants entering the session listen to the track.

2. Housekeeping. We suggest linking the use of mobile phones to a policy and safeguarding of the group. Also a good time to put parents at ease regarding expectations etc.

Warm Ups

3. Welcome songs

Who has come to play? x3 (To the tune of What shall we do with the drunken sailor?)

On a Thursday morning.

Sarah's come to play, Deb's has come to play, Kasia's come to play

On a Thursday morning.

Go Bananas (peel, chop, mash, blend and go!)



Theme

4. Listen to the relevant track but break it up into sections that include parent and child participation but also theme related activities within where possible. Repeat if necessary.

The launch into space, a rocket escapes the Earth's atmosphere. The peace is broken by asteroids hitting the rocket. Space becomes spooky and more worrying with arrivals of aliens. Are they scary? Are they friendly? Phew! They are friendly and they want you to join them for a funky dance on the moon. After much rejoicing the rocket blasts back out into space and you become absorbed by the wonder of it all.

Theme Related Songs

5. Action Songs - related to the theme (make into to action songs using BSL/Makaton)

Zoom, zoom, zoom or Five little men in a flying saucer

6. Movement songs or activities related to the theme. (Use your own versions that you have written)

Use different versions of Incy Wincy Spider, 1,2,3,4,5 Once I Caught A Fish Alive and Twinkle Twinkle Star (see below)

7. Prop songs or activities related to the theme

Use the parents as black holes and the children as asteroids flying through the space here. You can select a track from below (suggest instrumental where possible)

Instrument Section

8. Activity can be experimental or led or linked.

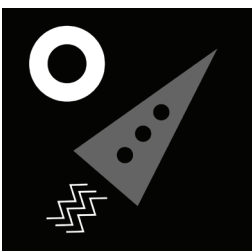
This is a good place for the children to make song suggestions and even suggestions for fast/slow, loud/quiet, high/low.

Wind down

9. Use a gentle piece of wind down music to take the group into a calm place

10. Twinkle, Twinkle etc.

11. The clock says tick tock.



Songs

Song 1 (To the tune of incy wincy spider)

I'm a little rocket going to the moon
Counting down to blast off we'll get there pretty soon
I shoot up through the clouds and head out into space
We see the stars twinkling in this vast amazing place

Song 2 (To the tune of 1,2,3,4,5 once I caught a fish)

1,2,3,4,5 i'm a comet passing by
A cosmic snowball that's really wide
I like to zoom across the sky
6,7,8,9,10 I'm travelling round the sun again
My tail is a million miles long
I start to melt when I'm near the sun

Song 3 (To the tune of twinkle, twinkle, little star) - Many versions

Twinkle, twinkle little star
We're going to fly to where you are
Do you live in outer space?
Or much nearer to the human race?
Twinkle, twinkle little star
We're going to fly to where you are

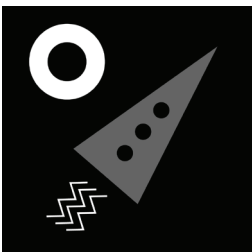
Twinkle twinkle little star
Space flight let's blast off so far
Interstellar to the stars
To see to our dancing friends on mars

Twinkle twinkle. little star, the moon is bright but very far.
We'll countdown 54321. We fly to the moon to have some fun.
Twinkle twinkle little star, the moon is bright but very far!

Twinkle Twinkle Little Star, We are travelling of so far,
Through red clouds of dust and blue clouds of gas,
Past suns and moons our engines blast.

Twinkle twinkle little star
Space flight let's blast off so far
in a rocket up through space
Going to find our happy place
Twinkle twinkle little star
We packed some lunch as we are going far

Twinkle twinkle little star
Space flight let's blast off so far
We'll see the aliens on the moon
We're going to dance to a happy tune
Twinkle twinkle little star
We are going to zoom too where you are



Useful Resources

Songs Continued

Children's Songs

Zoom, zoom, zoom
Five Little Men In A Flying Saucer
Little Aliens
Twinkle Twinkle Little Star
Hey Diddle Diddle
The Solar system

Music Associated with Space

Space Odyssey
Brian Eno vibes
Life on mars
Rocket Man
Out of space prodigy
Music Gustav Holst The Planets
Space oddity
Song Mothership Funkadelic
Film music Apollo 13
The Planets
Piano man
Song The Planets
Song star trekking
Doctor who theme tune
Star Wars theme tune
Spaced with Simon Pegg
Debussy Clair de lune

Books

The Way Back Home - Oliver Jeffers
Wherever Next
On a rocket
Man on the Moon
Zoom zoom zoom
How to catch a star - Oliver Jeffers
The Smeds and The Smoods - Julia Donaldson
Meg and Mog in Space

