

# Little Beats Planning Session Environment Woodland

## Pre-Session Questions

Question 1: Which song are you using? (Wood / Seaside / City / Space)

Question 2: What will the space you are going to use look like?

Question 3: How will you decorate it?

Question 4: What props will you need?

Question 5: What instruments will you need?

Question 6: How will the parents / carers participate with their children?

Question 7: Which songs will I change the tempo in when I sing them?

Question 8: Which songs will I change the pitch of when I sing them?

Question 9: Which songs will I change the volume of when I sing them?

## Session Outline

1. Play the track so participants entering the session listen to the track.

2. Housekeeping. We suggest linking the use of mobile phones to a policy and safeguarding of the group. Also a good time to put parents at ease regarding expectations etc.

## Warm Ups

3. Welcome songs

Who has come to play? x3 ( To the tune of What shall we do with the drunken sailor? )

On a Thursday morning.

Sarah's come to play, Deb's has come to play, Kasia's come to play

On a Thursday morning.

Go Bananas (peel, chop, mash, blend and go!)

## Theme

4. Listen to the relevant track but break it up into sections that include parent and child participation but also theme related activities within where possible. Repeat if necessary.



## Theme Related Songs Woodland

5. Action Songs - Incy Wincy Spider. Buzzy Bee.

6. Movement songs (in a circle) Round and round the forest, like a teddy bear, one step, two step jumping in the air!

7. Prop songs...Windy weather (with scarves)

### Instrument Section

8. . Rain, rain go away. Tapping claves on the floor in time with the words (rhythm) Singing the song in different ways. Fast, slow, loud quiet.

This is also good place for the children to make song suggestions and even suggestions for fast/slow, loud/quiet, high/low.

### Wind down

9. Use a gentle piece of wind down music to take the group into a calm place. Wood track or rain music.

10. Twinkle, Twinkle etc.

11. The clock says tick tock.

## Useful Resources

### Songs

Songs

Rain, rain, go away

Little buzzy bee

I hear thunder

Little frog in a pond

Tiptoe, tiptoe, quiet as a mouse

Teddy bears picnic

Sleeping bunnies

Incy, wincy spider

Bounce your teddy on your knee

Lollipop tree



### In the wood scenarios

Falling leaves - (scarfs)  
Wind blowing- (windmills)  
Sheltering from the rain (under something)  
Swaying trees - (parents, dress them up)  
Butterflies - (using hands with colour gloves?)  
Teddy Bears having a picnic  
Hiding  
Searching

### Bears

Where else could the hunt for the bear take us? (anywhere)  
Maybe we find the bear in the cave and he's hungry or lonely or wanting to play a game.  
Maybe the bear didn't want to chase us back home.  
Sleeping teddies on the Lycra...Wake up teddies, jump up and down.  
Marching with bears linking to the song The Grand Old Duke Of York.  
Bears could go for a walk in the wood.

On our visit to the wood we might find a special tree (Lollipop Tree) with our bears and the weather might change.

- Using our claves/sticks we could make a rainstorm. Starting slowly and getting faster.
- Starting quietly and getting louder.
  - We can practise stopping using the phrase 'Until we stop!' as preparation.
- We can tap to the song I hear thunder and rain rain go away.
- Maybe there is so much rain we have to get in a boat to float away.
  - Sing Row, Row, Row Your Boat.
    - You can put the bear in a bowl or washing basket to row him or her).

### Song Lyrics

Bounce your teddy on your knee  
Bounce him/her high to the sky  
Bounce him slowly/quickly  
Hide your teddy and play Boo!  
Make a little bed for your ted  
Rock your teddy side to side

