

GREETINGS FROM LOWESTOFT

BUNTING ACTIVITY GUIDE

INTRODUCTION

Let's hang out the bunting and celebrate Lowestoft.

We're asking you to make your own unique bunting to showcase Lowestoft as the vibrant and friendly seaside resort it's always been - and to be part of the First Light Festival fun.

Use this simple Guide, produced by local artist Genevieve Rudd, to make your own strip of bunting to festoon your fence, garland your gate and make Lowestoft all a-flutter with flags come the day of the First Light Festival Parade.

STYLE GUIDE

Colours: please use blues and greens - think of the seaside on a sunny day.

Style: think of the sights and sounds of Lowestoft.

Materials: think recycling - use an old T-shirt or jeans, or scraps of material at home.

FABRIC PICK UP POINTS

Free recycled materials and Bunting Guides are available at these pick up points:

Sally Ann's: 203 London Road South

Kirkley Centre: 154 London Road South

Fab Fabrics: 166 London Road South (Bunting Guide only)

Kirkley Pantry: St Peter's Road

Lowestoft Library: Clapham Road South

Re-utilise: 209 Whapload Road



BUNTING ACTIVITY GUIDE



YOU WILL NEED:

- ▼ Fabric
- ▼ Bunting tape or string
- ▼ Scissors

LET'S GET STARTED:

- ▼ Cut the fabric into long strips about 3cm thick
- ▼ You'll need them to be at least 20cm long, but you can make them longer if you like
- ▼ Tie the strips onto the tape or string
- ▼ Try tying the fabric from lightest to darkest, or bunch the strips in groups of five strips with a gap in between, to make a pattern



YOU WILL NEED:

- ▼ Fabric
- ▼ Bunting tape or string
- ▼ Scissors
- ▼ Clothes pegs



LET'S GET STARTED:

- ▼ Cut the fabric into triangles, any size you like, but we suggest about 15cm wide
- ▼ Fold the top of the triangle over the tape, and peg in place

HANDY TIP

If you have wooden pegs, why not colour them with felt tip pens, so they match the blue and green colour theme?

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YOU WILL NEED:

- ▼ Fabric: light coloured cotton would work best for this
- ▼ A rolling pin, hammer or a smooth rounded stone
- ▼ A flat hard surface
- ▼ A selection of colourful plants, flowers, fruit or vegetables

LET'S GET STARTED:

Hapa Zome is the Japanese art of hammering plants and flowers to release their colour into the fabric.

- ▼ Lay the fabric on a flat hard surface
- ▼ Arrange the plants in a pattern and cover them with another piece of fabric
- ▼ Bash, squash and hammer away at the fabric
- ▼ Lift the top layer to reveal the natural colour beneath
- ▼ Use the material to make the tied or pegged bunting, or to decorate bunting cut from different fabric

HANDY TIP

Feeling adventurous?

Try dyeing your fabric, using a shop-bought blue or green dye and following the packet instructions. Use rubber bands to scrunch up parts of the fabric and experiment with tie-dyeing.

ABOUT SUFFOLK ARTLINK

Suffolk Artlink is a participatory arts charity based in Halesworth and working across Suffolk and beyond in schools, care homes, hospitals and community settings.

Website: suffolkartlink.org.uk

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ABOUT GENEVIEVE

Genevieve is a community artist based in Gorleston-on-Sea, Great Yarmouth. She has facilitated environmental and heritage-inspired art with people since 2011. When she's not leading creative projects, she loves walking and gardening.

BUNTING ACTIVITY GUIDE



STITCH IT

YOU WILL NEED:

- ▼ Bunting flag
- ▼ Fabric
- ▼ Scissors
- ▼ Pencil
- ▼ Needles and threads
- ▼ Pins

LET'S GET STARTED:

- ▼ Choose a selection of fabrics and cut out your flags. You'll need about 8 - 10 to make 2 metres of bunting
- ▼ Stitch the flags onto your tape, either by hand using a 'running stitch' or with a sewing machine

ADDING DECORATION:

- ▼ Draw a shape or pattern onto a piece of fabric or use some of your Hapa Zome patterns. Cut out the shape or pattern and pin it on your flag
- ▼ Use a thread colour that matches your fabric, or go for something with high contrast. Sew together using any stitch you like. A 'running stitch', which looks like dashed lines, works well. Remember to remove the pins when you've finished
- ▼ You can sew multiple shapes onto a bunting flag, use contrasting thread or sew extra lines and patterns with thread to emphasise your design

HANDY TIP

Next time you're out and about in Lowestoft, have a good look around for ideas and inspiration for things to stitch.

Look out for the different shapes and patterns around you. Look up at the buildings and down at the pavement. You could even take photos on your phone or make drawings - and these can inspire your bunting.



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