

suffolkartlink



Annual review 2023

What we do

Suffolk Artlink is a participatory arts charity that brings creativity into the heart of communities. We develop and deliver inclusive arts programmes that support peoples' health and wellbeing.

Our creative projects help people transform their lives through the arts by bringing skills, support networks, confidence and joy to communities in the East. We work in hospitals, hospices, libraries, residential homes, schools and community venues.

Our work is led by experienced arts practitioners, encompassing a rich variety of art forms, and is delivered in close partnership with care, health, education, voluntary and community organisations.

Front cover image:
Brave Art students' Ipswich Theatre Arts performance



Image: A Wild About Kirkley participant plans a sensory foraging trail

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Image: A still from our showreel for Special Delivery, an intergenerational project



We have responded to the changing needs of our communities with commitment and innovation.

Sarah Bardwell and Jeni Draper



Image: Sarah Bardwell



Image: Jeni Draper

Co-Chairs' review

Suffolk Artlink has had a fantastic year and achieved important outcomes for all involved with its work. Our participants continue to inspire with their creativity and energy. During the period we have learnt a lot about the changing needs of our communities and responded to this with commitment and innovation. Our collaborations with organisations and the financial support we receive is vital to achieving our aims and our appreciation goes to all our partners and funders.

Particular thanks to all the trustees of Suffolk Artlink but most especially Mike James who stepped down as Treasurer during the year after an incredible contribution ensuring that we presented our finances clearly and effectively.

The organisation has given care and consideration to the staff, volunteers and artists who work within it and worked hard to support and develop them, particularly as everyone overcomes the challenges since the turn of the decade. We thank Alex and Hayley and their team for their contributions and passion for Suffolk Artlink.



**Be Creative.
Make Connections.
Live Well.**

Alex Casey and Hayley Field



Image: Alex Casey



Image: Hayley Field

Co-Directors' review

We really hope you enjoy seeing examples of our work in this year's review. It has been a busy and productive year, although we continue to work in an increasingly challenging environment. Reconnecting and reflecting together as a team has emphasised the importance for all of us of being creative together.

Be Creative

At the heart of so much of our work is allowing playfulness and the unknown to come to the fore, encouraging experimentation, learning and immersion. Providing this uniquely creative space, and supporting people to explore it with others, is central to our practice as a participatory arts organisation.

The positive benefits of creativity are apparent from the case studies in this year's review, from library staff finding their musical voices and using them to work with young children, to care staff and care home residents finding new relaxing ways to be with each other.

One of our Brave Artists, Jade, brilliantly captures what being creative means to her and how it supports her resilience in other parts of her life:

Co-Directors review (continued)



Image: Brave Art student Andreas with his work



Image: Willow lantern making at Kirkley Pantry

"At Brave Art I have learnt that you should embrace your mistakes. I am learning that mistakes are not always a bad thing. Brave Art has really helped my mental health as it gives me something good to focus on. When I do art at Brave Art it makes me feel more positive and happy. I can take the skills and techniques I have learnt and use them when I do art at home."

Make Connections

Building strong, dynamic partnerships is an essential way that we develop and deliver our work, share our practice and better support the communities we work with. Whether it is spending time in an area to grow a community garden with local people, or connect with cross-sector partners to pilot new mental wellbeing courses, we value sharing experience with others. As one of our Wild About Kirkley participants explained:

"It wasn't that long ago that I didn't know any of these people, and now they're all my friends."

We believe in bringing the positive benefits of social connection and developing a sense of community through creativity. Our projects have helped grow new connections across organisations, within groups, teams of artists, or have supported people to connect through taking part in activities together.

Co-Directors review (continued)

100%

of individuals participating in six or more sessions reported having either high or very high life satisfaction, an increase from 56% at the beginning of the sessions.



Image: Friends Around the Table participants

Live Well

Being creative and connected is good for you! Suffolk Artlink is experienced in gathering a range of evidence to share the impacts of our work. From rigorous wellbeing and loneliness measures, to gathering case studies, journaling, and documenting our work, we understand the importance of demonstrating the change our projects bring to people's lives. An Activity Co-ordinator from Britten Court Care Home explains the impact on staff and patients:

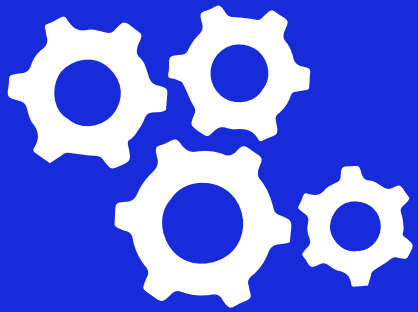
"Doing the Activity Packs together has given care staff another way to be with the residents ... It helped build relationships between the carers and the residents and that's obviously beneficial for their wellbeing."

We use objective measures to show the positive benefits of being creative, making friends and living well. We used the Office for National Statistics (ONS) Well-being Measure with regular participants of Friends Around the Table, which evidenced the considerable benefits of taking part in our creative activities. The report found that 100% of individuals participating in six or more sessions reported having either high or very high life satisfaction, an increase from 56% at the beginning of the sessions.

Our work in creative health advocacy through networks and partnerships supports the sector as it is increasingly recognised as a fundamental part of living well for individuals and communities.

Our achievements

In 2022-23 we delivered 344 activities to nearly 2,500 participants across the East. 79% of our participants attended face-to-face sessions, while the rest took part online by phone and by post.



344

**344 ACTIVITIES
DELIVERED**



**2,456 PROJECT
PARTICIPANTS**



10,840

**10,840 AUDIENCE
REACHED**



57

**57 ARTISTS
EMPLOYED**

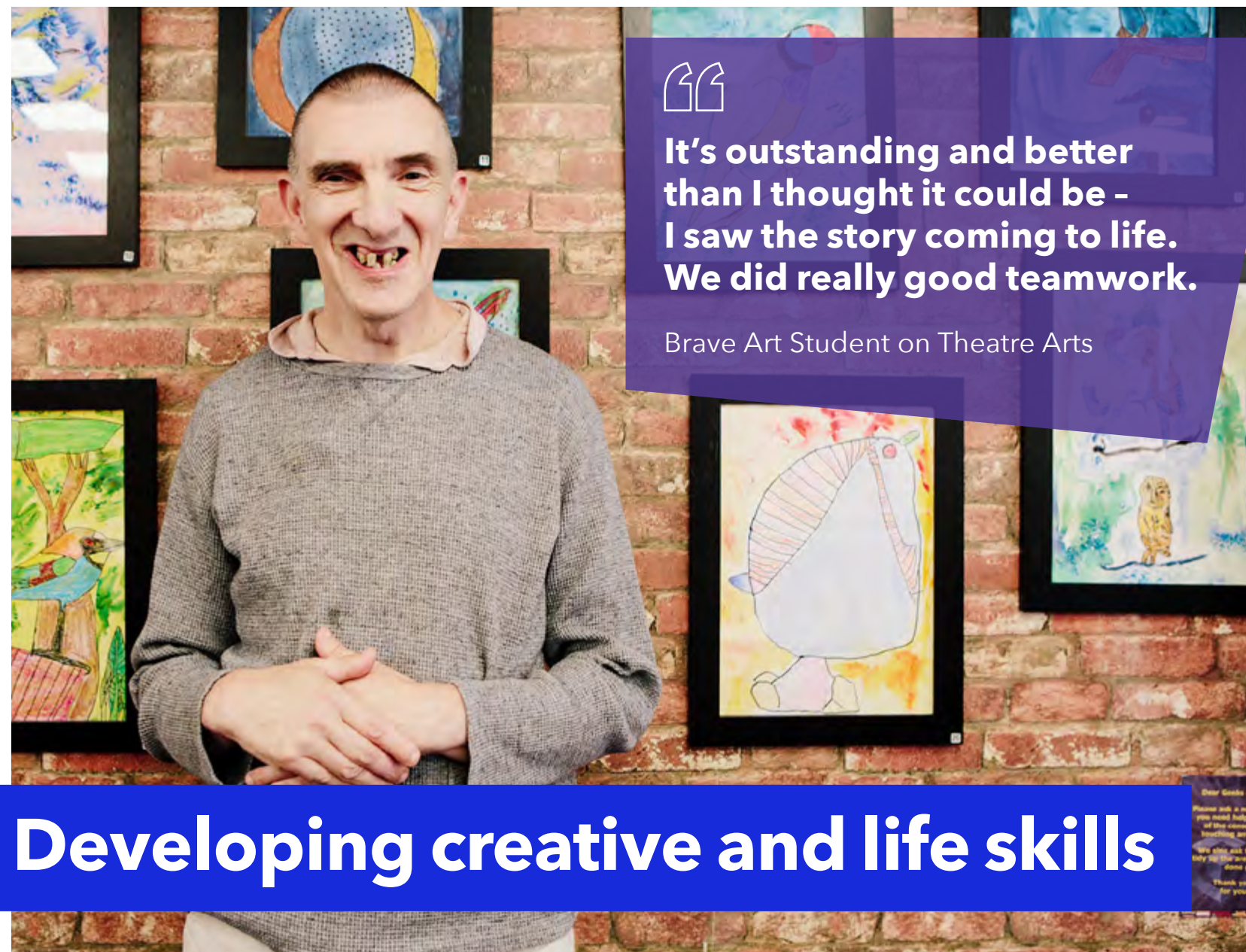


**16 VOLUNTEERS
SUPPORTED**

Our participatory programme in brief



Image: Brave Art students' Ipswich Theatre Arts performance



It's outstanding and better than I thought it could be - I saw the story coming to life. We did really good teamwork.

Brave Art Student on Theatre Arts

Developing creative and life skills

Image: Brave Art student Shane with his painting at Geek Retreat Ipswich

Brave Art

Arts training courses for people with learning disabilities and autism.

Brave Art courses offer students the chance to explore a variety of art forms whilst developing creative and life skills. Courses are based at community venues in Bury St Edmunds, Ipswich and Lowestoft.

In the summer of 2022 students celebrated their creative achievements at Geek Retreat Ipswich with an amazing exhibition of their work exploring the theme 'One World'. The showcase included paintings, prints and textile work.

The focus of this final year of Brave Art has been on testing new and different ways of working. Christmas saw wonderful performances in Ipswich and Bury St Edmunds following autumn term Theatre Arts courses. In Lowestoft students focused on creative wellbeing and shared their ideas through a workbook 'My Amazing Self'.



A safe place to be me

Images: Jade at the Brave Art Geek Retreat event



When I do art at Brave Art it makes me feel more positive and happy. I can take the skills and techniques I have learnt and use them when I do art at home.

Jade, Brave Artist

Participant's story

“Brave Art is a really special place for me. I have made some really good friends. It is a safe place for me to be me and no one judges me on my disability.

At Brave Art I have learnt that you should embrace your mistakes. I am learning that mistakes are not always a bad thing. Brave Art has really helped my mental health as it gives me something good to focus on. When I do art at Brave Art it makes me feel more positive and happy. I can take the skills and techniques I have learnt and use them when I do art at home. When I go to Brave Art every week I know I’m going to have fun, learn and have a good laugh.

At Brave Art I also help my friends if they need help with anything and I try and support them and they do the same with me. I don’t know what I would do without the kind, amazing, wonderful bunch of friends I have made at Brave Art, who believe in me like I believe in them.” — *Jade, Brave Artist*

Brave Art gallery



Image: A selection of Brave Art artwork



I loved seeing the photos of how the town had changed ... I really loved seeing what the children had seen.

Resident, Beech House Residential Care Home



Intergenerational friendships

Image: Discussing the museum and eating cupcakes

Special Delivery

An intergenerational creative heritage project exploring the art of communication.

For the project's final year, we brought different generations together in Halesworth and Lowestoft, connecting with the wonderful Lincolne family letters at Halesworth and District Museum and local correspondence at Suffolk Archives in Lowestoft. Our team of artists took participants on a journey from personal postcards to collective collages, connecting the groups as they investigated historical approaches to letter-writing and shared correspondence of their own. Beautiful films showcase the amazing work and new connections made through the project.

We also led an outreach programme in community venues, schools, care homes and on the beach at First Light Festival. New Postcard Clubs help schools and care homes sustain new friendships.



Building relationships

Image: Julie, Activity Co-ordinator at Britten Court Care Home



Normally, the staff's role is exclusively to provide care, but this gave them the opportunity to do something creative and relaxing together; it was fun and another way to be with each other.

Julie, Activity Co-ordinator at Britten Court Care Home

Activity Co-ordinator's story

During COVID, instead of delivering sessions in care homes, we supplied Activity Packs along with materials for Activity Co-ordinators to use with residents. Julie, at Britten Court in Lowestoft, was delighted to see the impact the Packs had, and thrilled with the work they produced together.

"Doing the Activity Packs together has given care staff another way to be with the residents. Normally, their role is exclusively to provide care, but this gave them the opportunity to do something creative and relaxing together; it was fun and another way to be with each other and they loved it. It helped build relationships between the carers and the residents and that's obviously beneficial for their wellbeing.

Last night, I went online to look for more activities I could do with residents. I would never have had the confidence to do that before, but having done the Activity Packs I feel I could try something new, outside my normal comfort zone."



Addressing social isolation

Image: Working with flowers at Waterfield House

Friends Around the Table

Support for groups to grow and develop through creative activities exploring food, culture and nature.

Friends Around the Table was developed to support groups across Suffolk to re-build and reach out to new members following the COVID pandemic. The programme was developed to address social isolation and loneliness in rural communities. We worked with a multi disciplinary team of artists to develop activities and resources that were distributed to groups and warm rooms.

The programme helped develop confidence to deliver and take part in creative activities through artist-led participatory sessions, specially commissioned new activities to share or take home and materials and resources to be creative together.

Bonding residents and staff



Image: Exploring dried flowers at Waterfield House



It engaged a lot of residents and staff, who learnt new skills that can be applied to our activities.

Lindsey Fletcher, Customs Relations Manager,
Waterfield House

Customer Relations Manager's story

Working with Waterfield House enabled us to really think about the kind of activities that would benefit both residents and staff in a care home setting.

"Our residents were completely engaged in all the activities. One of our residents has anxiety. When Charlie played his music, our resident remained calm throughout the session and danced. Another resident made a request of Charlie to sing her a favourite song. She was enthralled and after she said, "that meant the world to me. I love that song..." She was happy for days after.

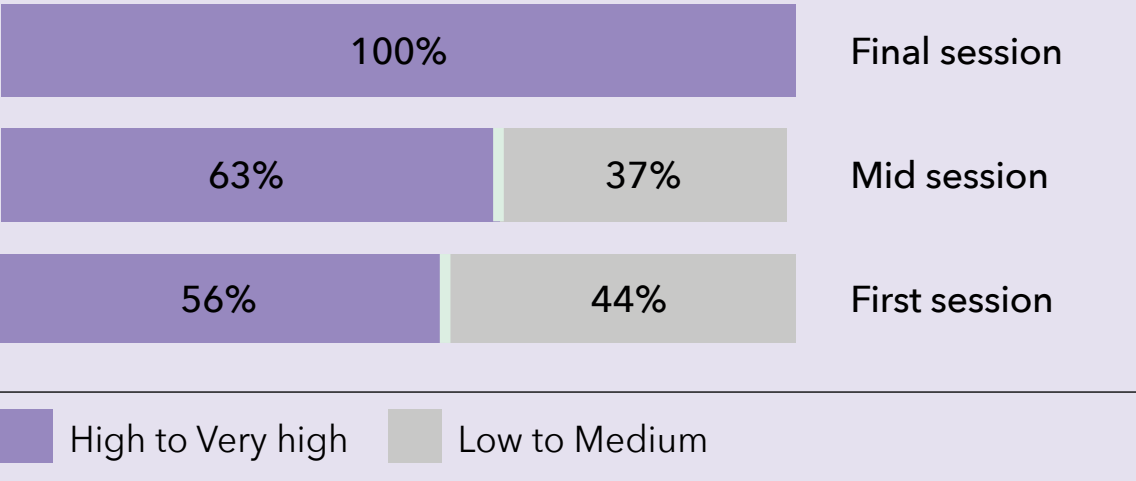
We have residents who do not normally take part in activities and the activities provided drew them out of their room... Our staff loved seeing the residents enjoy themselves and this led them to assist in the activities. It was a great bonding session and engaged a lot of residents and staff, who learnt new skills that can be applied to our activities."

Office for National Statistics Well-Being Measure

100%

of individuals participating in six or more sessions reported having either high or very high life satisfaction, an increase from 56% at the beginning of the sessions.

Life satisfaction measure



Friends Around the Table impact evaluation

Suffolk Artlink wanted to show the positive benefits of being creative, making friends and living well using an objective measure. To do this we used two recognised tools for the impact evaluation of Friends Around the Table: the Office for National Statistics (ONS) Well-Being Measure and The Campaign to End Loneliness Measurement Tool (CtEL).

Our intention for the ONS and CtEL tools was to measure and assess the cumulative impact of sessions reflecting how people felt over a sustained period rather than in the moment. We also asked two additional questions to capture ‘in the moment’ impact on people’s positivity and feeling of social connection arising within a single session.

The exit results for the ONS and CtEL tools were for people attending six or more sessions. Attending regular sessions over a sustained period had a particularly positive, sustained impact on this cohort.

All measures convincingly evidence an extremely positive impact on our participants, see an example of the results on the left.

The Office for National Statistics (ONS) Well-being Measure asks four questions about people's life satisfaction, feeling worthwhile, happiness and anxiety. We asked these questions when participants first attend our regular Friends Around the Table sessions, midway, and at their final session. The measure evidences the considerable benefits of attending our creative activities.



**My uni course is the best...
I wouldn't be doing any
of what I'm doing now if it
hadn't been for this project.**

Wild About Kirkley participant



Creating new opportunities

Image: Willow lantern making at Kirkley Pantry with Willow Phoenix

Wild About Kirkley

A project to develop a community garden with local residents, bringing the wellbeing benefits of being outdoors, a connection to nature and creating new social opportunities.

We worked with lead artists The Third Person, Kirkley Pantry and local residents to develop Kirkley Community Garden as a haven for everyone to enjoy. Inspired by the idea of sharing knowledge and learning and growing together as a community, the project supported people to enjoy the physical and mental wellbeing benefits of being outdoors in good company.

Regular sessions included creative workshops, science talks and foraging walks. Community events such as a winter solstice lantern parade, open gardens, and sessions with Red Oak primary school and other local groups helped build new connections.



Building local connections

Image: The Third Person (Kasia Posen and Carrie Phoenix)



This project has been extraordinary - not only to develop our collaborative practice, but also for the impacts we saw in the people we had the privilege of working with.

The Third Person, Wild About Kirkley artists

Artists' story

"This project has truly been extraordinary - not only to develop our collaborative practice, but also for the impacts we saw in the people we had the privilege of working with in Kirkley.

Wild About Kirkley has shown us the importance of having a prolonged presence to connect and engage with a community and a place; building trust and local connections provides much stronger outcomes and the potential to evolve ideas in a way shorter term residencies or projects cannot attain.

Through Wild About Kirkley we have been able to draw together the different facets of our practice, build connections with other disciplines and artists, and share skills with a new group of people. This provided real and lasting change which we would never have been able to achieve without this opportunity." — *The Third Person* (Kasia Posen and Carrie Phoenix)

Inspiring patients with complex needs

Curious Minds

A mental wellbeing project in partnership with Suffolk Libraries and the Association for Suffolk Museums.

A pilot project supported by Ipswich and East Suffolk Alliance and Public Health to develop artist-led courses using museum collections as inspiration for patients with complex needs referred through Social Prescribing. Having developed a multidisciplinary team of artists we went on to deliver courses at The Food Museum in Stowmarket and with Eye Library. An artist residency at Ipswich Transport Museum developed wellbeing resources for museum visitors.

Courses explored a variety of art forms and creative techniques to support people's wellbeing, develop confidence, social connections and creative skills.



I feel very lucky to have this opportunity. It has opened me up and made my usual hermit-like life more open.

Participant at Eye Library

Image: Exhibition of work by Curious Minds attendees at Stowmarket Library

A new branch of my journey



Image: Artwork by a Curious Minds attendee

Patient's story

A is 62, she took part in Curious Minds at The Food Museum in October 2022 as part of the Personalised Care Patients with Complex Needs programme. This is her story of what changed through taking part in the project, collected during the final session.

A new branch of my journey

"I spend most of my time at home. I'm on my own a lot of the time although my husband prepares everything for me to be on my own, the things I can't do.

I'm sad when it finishes, I do get a bit down about it when I go home because I've enjoyed my time here interacting with people. I look forward to coming and getting out, which for me is a big thing. And actually if I don't remember things, I'm not made to feel bad about it... Everybody is really encouraging and they don't judge and they encourage every level of ability and I like that. I think it's the feel good factor. The biggest change for me is looking forward to coming out. And meeting new people and getting new ideas. It's inspiring.

I now think about things that I wouldn't have thought about in a different way - like food and tools and their use and their history. It's an amazing place - I'd like to come again. I loved the walled garden.



The biggest change for me is looking forward to coming out. And meeting new people and getting new ideas. It's inspiring.

A, Curious Minds participant

Exploring history



Image: Participants designed postcards

Greetings from Lowestoft

A Heritage Action Zone project to explore the history of South Lowestoft as a seaside resort.

We have worked with visual artists to plan this celebration of Lowestoft's heritage, inspired by vintage postcards held by Suffolk Archives and local museums. New creative activity packs invite people to join the festivities as part of 2023 First Light Festival through making sea-themed bunting; artist-led workshops with schools, care homes and community groups will inspire people to design their own postcards that reflect on Lowestoft's past and imagine its future as a seaside destination.



When you live by the sea all your life, you take it for granted, and it's only when you get the chance to talk about it that you realise how much it means.

Greetings from Lowestoft participant

Musical engagement for pre-schoolers

Little Beats

An early years music project in partnership with Suffolk Libraries to improve wellbeing, child development and musical engagement amongst pre-school children.

Artists and librarians shared their skills and experience to develop their creative practice and deliver musical activities in five Suffolk libraries for pre-school children and their carers. The programme worked with library staff, emerging music leaders, music mentors and early years practitioners through Explore Days, masterclasses, mentoring and outreach sessions in Children's Centres and nurseries.



Joyful, engaging, fun ... So brilliant to be back in the room with other early years facilitators and to share ideas.

Participant of a Little Beats 'Explore Day'

Image: Musical explorations at Butterflies Children's Centre, Beccles



A journey of discovery

Image: Library staff taking part in the Little Beats programme

Creative Communities Producer's story

"Little Beats has taken our library staff on a journey of discovery and learning through play, exploration, and reflective practice. The programme has supported staff by providing opportunities for peer-to-peer working, assigned time to focus on and advance their practice and apply their learning, with guidance from early years and music specialists along the way.

The project created the opportunity for staff to explore their own voices and body percussion, as well as learn about, play, and introduce new and unconventional instruments and sound makers into their delivery, as well as new techniques. Staff have gained knowledge and insight into the theory behind music and early years, giving them a strong foundation to connect with the children and families they are working with.

Connections have formed between library staff working across different sites, leading to a stronger sense of community within the organisation and a cross pollination of work, ideas, and skills exchange... The library staff have also felt part of a wider network and have established relationships with other early years practitioners and musicians."

— Sally Garwood, Creative Communities Producer



Little Beats has taken our library staff on a journey of discovery and learning through play, exploration, and reflective practice ... We had so much fun in the process of working collaboratively, making and creating with little people.

Sally Garwood, Creative Communities Producer, Suffolk Libraries

Supporting and empowering young patients



The Clown Doctors bring a rare moment of normality and fun to our unit, during what can be a highly stressful time for patients and their families.

Lead Health Play Specialist, Ipswich Hospital

Clown Round

Our Clown Doctors bring fun, laughter and distraction to children and young people in hospitals and hospices in Suffolk, Norfolk and Essex.

Our team of Therapeutic Clowns focus on supporting and empowering children and young people and their families at a difficult time. They carefully tailor each interaction, using storytelling, puppetry, music, magic and circus skills, to reduce stress and anxiety and improve wellbeing.

This year has seen the return of face to face sessions at the hospitals and hospices, we also worked with refugee families in hotels across Suffolk. Along with delivering our programme of sessions we have expanded and developed the artist team through a programme of training, shadowing and playdays.

Image: Clown Round at Norfolk and Norwich University Hospital

Supporting inner strength with magic



As clown doctors we can sometimes use magic in this way to acknowledge a child is going through something really difficult and remind them of their inner strength.

Dr Dizzy Daydream,
Clown Doctor



Image: The Clown Round team

Artist's story

A young patient with a condition that required isolation was in a side room. We were initially greeted with a little curiosity at our red noses... Immediately at the announcing of our Clown Doctor names she burst into giggles and the silliness ensued!

A month later we saw the family again. The girl recalled the fun we had shared, showing the importance she had placed on our visit. We did some magic tricks together, placing the emphasis on the magic coming from her... we can sometimes use magic in this way to acknowledge a child is going through something difficult and remind them of their inner strength.

Several months later we saw the family again. Before we started, we were told that today she had reached the end of her treatment with successful results. We all celebrated her good news with a party in her room. It was enormous fun for her, and the movement and music offered a way to release from the many months of tension.
— Dr Dizzy Daydream, Clown Doctor



Image: Brave Art students' Ipswich Theatre Arts performance

Growing our support

Donations and fundraising



Sometimes people prefer to donate to a particular cause. This year we received generous donations towards our Brave Art programme totalling £14,378.

Image: Friends and family of Andrew and Margaret Field made generous donations in their memory

Celebrating birthdays, holding special events, or partnering with us are all ways individuals, groups or businesses continue to support us. Over the year we raised £8,823 through our free fundraising, which is incredibly important to sustaining our work.

Sometimes people prefer to donate to a particular cause. This year we received generous donations towards our Brave Art programme totalling £14,378, including a wonderful donation of £5,000 from The Perspective Project and monthly donations from the Incl♥sive Church "with love and support to a wonderful cause".

We are very grateful to people who think of us at difficult times, as well as special ones. Our Co-Director Hayley and her sister Karen asked friends and family to make donations to Suffolk Artlink in memory of their parents, who had supported Artlink over many years through attending events, volunteering, donating and advocating for our work to others. Even though it was not their own experience of growing up, Andrew and Margaret filled their lives with art and shared a nurturing, creative home - which influenced many friends and relations. The significant money raised through their memorials is hugely appreciated.

Thank you to everyone who supported us during the year.

Financial review



Image: Brave Artists' work at Geek Retreat

Company Limited by Guarantee

Statement of financial activities

(Including Income and Expenditure account)

Year ended 31 March 2023

	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Income and endowments				
Donations and legacies	81,506	354,198	435,704	424,455
Charitable activities	6,472	35,071	41,543	15,124
Investment income	3,739	—	3,739	2,074
Total income	91,717	389,269	480,986	441,653
Expenditure				
Charitable activities	86,354	321,272	407,626	429,101
Total expenditure	86,354	321,272	407,626	429,101
Net income/(expenditure) and net movement in funds	5,363	67,997	73,360	12,552
Reconciliation of funds				
Total funds brought forward	113,712	229,999	343,711	331,159
Total funds carried forward	119,075	297,996	417,071	343,711

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Balance sheet

31 March 2023

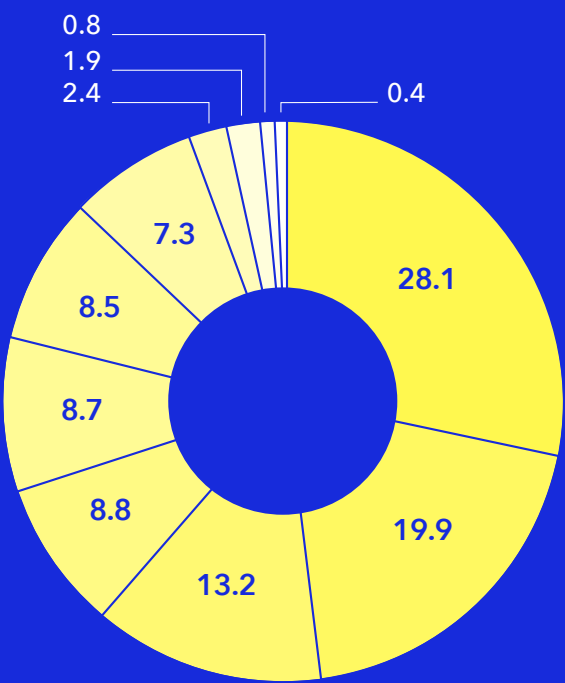
	2023	2022
£	£	£
Fixed assets		
Tangible fixed assets	1,529	276
Current assets		
Debtors	191,081	114,127
Cash at bank and in hand	272,907	328,181
	<u>463,988</u>	<u>442,308</u>
Creditors: Amounts falling due within one year	<u>(48,446)</u>	<u>(98,873)</u>
Net current assets	<u>415,542</u>	<u>343,435</u>
Total assets less current liabilities	<u>417,071</u>	<u>343,711</u>
Net assets	<u>417,071</u>	<u>343,711</u>
Funds of the charity		
Restricted funds	297,996	229,999
Unrestricted funds	<u>119,075</u>	<u>113,712</u>
Total charity funds	<u>417,071</u>	<u>343,711</u>

Financial summary

Our income in 2022-2023 %

Funders
(Largest percentage first)

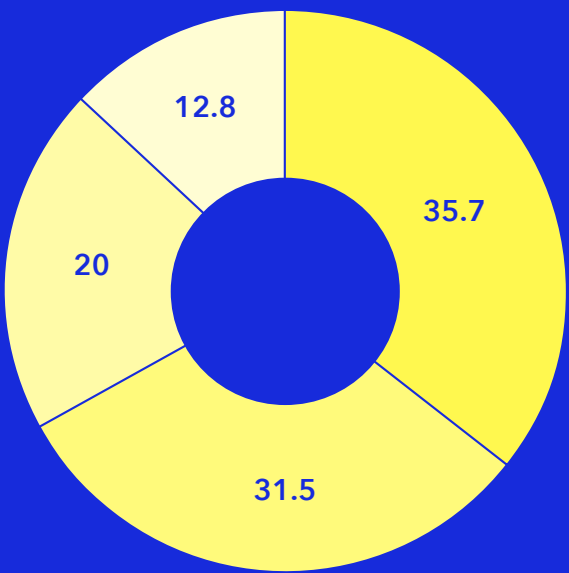
- National Lottery Heritage Fund
- Suffolk County Council
- National Lottery Community Fund
- Youth Music
- Charitable Activities
- Children in Need
- Other grants and donations
- Mid Suffolk District Council
- Babergh District Council
- Investment Income
- Suffolk Community Foundation



Project expenditure in 2022-2023 %

Programmes
(Largest percentage first)

- People with Learning Disabilities
- Community and Place
- Young People
- Intergenerational



Thank you

Image: Clown Through Mask residency with Sue Morrison

Our artists, volunteers and partners

The delivery of our work this year is thanks to the exceptional dedication, commitment and creativity of a great many people.

Our artists

Rose Adediran, Gillian Allard, Harriet Ashton, Helen Baggett, Katrina Beckford, Michelle Brace, Felicity Brown, Jac Campbell, Max Clarke (Thinklusive), Jodie Corbett, Filomena Cristallino, Jacqueline Davies, Johann Don Daniel, Chris Draude, Lucy Enskat, Alice-Andrea Ewing, Sophie Fox, Caroline George, Jac Guyton, Bryan Hall, Lily Hammond, Sophie Harley, Maurice Horhut, Xenia Horne, Dot Howard, Caitlin Howells, Nick Ilott, Alex Jeffery, Reuben Kyriakides, Charlie Law, Sarah Lewis, Matthew Magnus, Charlie Meyer, Kimberley Moore, Kate Munro, Shelly O'Brien, Abby Page, Zoe Palmer, Dean Parkin, Carrie Phoenix, Kasia Posen, Real Veg - Rachel Perry and Chloe Tatum, Brian Reid (UEA), Genevieve Rudd, Mark Sewell, Emma Skeet, Vanessa Stansall, Jon Tyler, Vicky Uff, Muntu Valdo, Susanna Wallis, Lynn Whitehead, David Whitney, Willow Phoenix - Emma Lucas and Adam Lawes, Emma Withers

Our partners

Association for Suffolk Museums, Beech House Residential Home, Britten Court Residential Care Home, Bury Football Club, East Anglia's Children's Hospices (The Nook, Norwich & The Treehouse, Ipswich), East Suffolk and North Essex NHS Foundation Trust (Colchester & Ipswich Hospitals), Edgar Sewter Primary School, First Light Festival, The Food Museum, Gecko Theatre, Halesworth and District Museum, Heritage Action Zone East Suffolk Council Historic England, Hocus Pocus Theatre, Kirkley Pantry, Lowestoft Heritage Open Days, National Literacy Trust (Sally Connick), New Wolsey Theatre, NHS Foundation Trust: Norfolk & Norwich University Hospitals & James Paget University Hospital, Red Oak Primary School, Ridley Godfrey Foundation, Roman Hill Primary School, Suffolk Archives, Suffolk Libraries, Suffolk Refugee Support, Theatre Royal Bury St Edmunds, The Geek Retreat, The Kirkley Centre (Community Action Suffolk), Waterfield House Care Home

Our volunteers

Leni Barker, Lynne Fulcher & Community Connectors (Royal Mencap), Robert Gridley, Harvey Harris, Chris Hart, Laura Jacobsen, Jacqui Jahed, Sue Moore, Mary Lou Owen, Amanda Potter, Anthony Ripley, Michael Rooke, Pam Smith, Linda Sourivanh

Our funders & supporters



Alexandra Casey, Alistair Winch, Arts Council England, Babergh & Mid Suffolk District Council (Community Development Fund), Children In Need, Chivers Trust, East Suffolk Council Boost Grant, Eric Orme, Esmee Wilcox, Hayley Field, Heritage Action Zone East Suffolk Council, Historic England, Incl♥sive Church, Ipswich and East Suffolk Alliance (SNEE ICB), Jane Dyball, Jeni Draper, Lowestoft Rising, Madeleine Baker-Woods, Masonic Charitable Foundation (Angel Lodge), Mike James, Morrisons, National Lottery Awards for All, National Lottery Community Fund, National Lottery Heritage Fund, Nella Probert, Perspective Project, Richard Standen, Sally Irvine, Sarah Bardwell, Suffolk County Council, Suffolk Community Foundation (De La Rue Family Fund, Fred. Olsen Community Fund, Suffolk Giving Fund), The Association for Suffolk Museums, Tony Butler, Youth Music

Become a supporter

Help us to transform lives through the arts

If you'd like to help bring skills, support networks, confidence and joy to people in the East, why not support our work? Whether an individual or a business, you can transform lives through the arts by:

- Giving a regular monthly donation, helping to provide us with an essential source of reliable income.
- Making a one-off donation.
- Holding a fundraising event in your community.
- Taking part in a sponsored challenge.



Image: Brave Art students at their end of year celebration

£10

£10 buys art materials to bring laughter to children in hospital.

£50

£50 pays to hire a space to bring people together to get creative and make friends.

£120

£120 pays for a professional artist to lead a workshop that brings old & young together.

“

It's outstanding and better than I thought it could be – I saw the story coming to life. We did really good teamwork.

Brave Art Student on Theatre Arts

Suffolk Artlink

Units 13 & 14, Malt Store Annex
The Cut, 8 New Cut
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📷 Instagram: @Suffolk_Artlink

📘 Facebook: Suffolk.Artlink

Registered charity number: 1110898 Company number: 05354844

Our team

Trustees

Co-Chairs: Sarah Bardwell, Jeni Draper.

Treasurer: Mike James (outgoing), Keith Wood.

Kate Axon, Maddie Baker-Woods, Jane Dyball,
Chloe Pearson, Alice Whitney.

Shadow trustees: Mary Lou Owen, Patrick Parker,
Sally Payne.

Staff team

Co-Directors: Alex Casey, Hayley Field.

General Manager: Alistair Winch.

Administrator: Miles Row.

Project Development Officers:

Kasia Don-Daniel, Lucy Enskat, Charlie Meyer,

Carrie Phoenix (outgoing), Fran Speight,

Siobhan Watson, Candida Wingate.

Learning Support Tutor: Rachel Bennett.

Learning Support Assistants: Jen Johnson, Ema Scrivener.

Design: Caravan. Photography: Gillian Allard, Bec Austin, Nick Illott,
Alex Jeffery, Suffolk Libraries, Suffolk Artlink, Vicky Uff, Jemma Watts.